



3 - 7 Sep 2019, Dubrovnik, Croatia

Detailed programme



European HealthPsychology Society



Hrvatsko
Psihološko
Društvo

Croatian Psychological Association
& its Division of Health Psychology



Tuesday, 03 Sep

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| 8:00 - 18:00 | CREATE and SYNERGY workshops, Pre-Conference Workshops |
| 18:00 - 19:30 | Opening Room: Elafiti 1 & 2, Valamar Lacroma Dubrovnik |
| 19:30 - 21:30 | Welcome Reception Room: Orsula Lobby Bar Terrace, Valamar Lacroma Dubrovnik |

Wednesday, 04 Sep

- 8:30 - 9:30 EHPS MEETING (Forum)
Room: Elafiti 1, Valamar Lacroma Dubrovnik
- 9:30 - 11:00 Parallel Sessions
- SYMPOSIUM: Intervention Mapping – progress in problem-driven health psychology
Chair: Rik Crutzen, Rob Ruiter
Room: Elafiti 1, Valamar Lacroma Dubrovnik
- 9:30 Applying theory and evidence for identifying personal and environmental determinants
Rik Crutzen
- 9:45 Applying theory and evidence for designing effective behaviour change methods
Rob Ruiter
- 10:00 Planning to Promote Program Adoption, Implementation and Maintenance
Gill ten Hoor
- 10:15 Using Intervention Mapping to co-create with stakeholders an intervention to facilitate return-to-work after breast cancer
Guillaume BROCC
- 10:30 Developing and evaluating a leaflet to promote health behaviour-change using Intervention Mapping
Charles Abraham
- 10:45 Discussion
Nelli Hankonen
- SYMPOSIUM: Advancing health psychology research: Practical tools
Chair: Marie Johnston
Room: Elafiti 2, Valamar Lacroma Dubrovnik
- 9:30 The Theory and Techniques Tool: linking behaviour change techniques with their mechanisms of action
Susan Michie
- 9:45 The Addiction Paper Authoring Tool (PAT): an online tool for reporting research studies
Robert West
- 10:00 Discussion
Blair Johnson
- 10:15 Validated measures of mediators of behaviour change: The Science of Behaviour Change Measures Repository
Talea Cornelius
- 10:30 Open Science and Health Psychology: towards promoting better research reproducibility, openness and collaboration
Daryl O'Connor
- 10:45 Discussion
Alexander Rothman
- ORAL: Multiple health behaviours and theory-based predictors
Chair: Paul Norman
Room: Elafiti 3, Valamar Lacroma Dubrovnik
- 9:30 Investigating the mediators underlying descriptive norm effects: the case of hand-hygiene
Lisa S. Moussaoui
- 9:45 How self-efficacy and social support are chain when predicting physical activity in adults?
Anna Banik

10:00 Behaviour theory-based predictors of organ donation registration: A systematic review
John Bonnell

10:15 Taking it a step further – effects of cross health behaviour beliefs
Eliza Ivanova

10:30 Network centrality among health behaviours: A new modelling framework and proof of concept
Gabriel Nudelman

10:45 An ontology-based modelling system for representing behaviour theories
Joanna Hale

SYMPOSIUM: Health and well-being in daily life: Novel insights from intensive longitudinal studies

Chair: Jennifer Inauen

Room: Olipa 4, Valamar Collection Dubrovnik President

9:30 Digital generation: How does daily smartphone use affect exhaustion?
Konstantin Schenkel

9:45 Acute Physical Activity is Associated with Lower Subsequent Cortisol Levels in Older Adults
Christiane Hoppmann

10:00 Investigating Personal and Social Barriers to Daily Medication Adherence among Adolescents with Asthma
Pamela Rackow

10:15 Transfer effects of a couple-based physical activity intervention in daily life
Corina Berli

10:30 Within-person effects of goal setting: A micro-randomized trial to reduce sugar-sweetened beverage consumption
Jennifer Inauen

10:45 Discussion
Felix Naughton

SYMPOSIUM SIBS: A cross-cultural project to prevent psychological difficulties among siblings of children with disabilities

Chair: Torun M. Vatne

Room: Karaka, Valamar Argosy

9:30 The development of a parent-child intervention for siblings of children with chronic disorders
Torun Marie Vatne

9:45 Video examples from SIBS and discussion of supervision techniques applied in the intervention
Torun M. Vatne

10:00 The effect of SIBS on psychological wellbeing of siblings: Open trial and a planned RCT
Krister Fjermestad

10:15 Developing and implementing an e-learning course for providers of SIBS
Christoffer Hals

10:30 Intervention for parents and siblings of children with neurodevelopmental disorders: An open trial in Cambodia
Puthy Pat

10:45 Questions and discussion
Torun M. Vatne

ORAL: Health issues and quality of life

Chair: Maria Emilia Areias

Room: Olipa 1, Valamar Collection Dubrovnik President

9:30 Optimism, Cancer Patients' Depressive Symptoms, and Quality of Life: Mediating Role of Cancer Related Self-efficacy
İrem Akinci

9:45 Clinical variables that mediate the impact of congenital heart disease in quality of life
Maria Emilia Areias

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| 10:00 | Meaning in Life and Therapeutic Adherence as Determinants of Quality of Life in HIV Patients <i>Marina Prista Guerra</i> |
| 10:15 | Sexual health and quality of life among lung cancer survivors <i>Lisa Gudenkauf</i> |
| 10:30 | Predictors of health-related quality of life in patients with end-stage kidney disease in haemodialysis treatment. <i>Rocío Rodríguez-Rey</i> |
| 10:45 | A photovoice study: Exploring the maternal embodied experiences of women experiencing a high-risk pregnancy <i>Michelle Andipatin-Botha</i> |
| <u>ORAL: Psychosomatic issues and psychosocial influences on pain-related care</u> Chair: Sónia Bernardes Room: Galijun, Valamar Argosy | |
| 9:30 | Choosing wisely: the influence of treatment choice on nocebo effects <i>Kate Faasse</i> |
| 9:45 | Associations between pain, coping and emotional states in patients treated with haemodialysis: a longitudinal study <i>Christel VIOULAC</i> |
| 10:00 | The unmet needs of rheumatoid arthritis patients treated with biologics <i>Alexandra Husivargova</i> |
| 10:15 | Cognitive predictors of treatment outcomes in Chronic Fatigue Syndrome: Attentional bias, malleability and interpretation bias <i>Alicia Hughes</i> |
| 10:30 | Classism in pain care: The mediating role of perceived hardship and dehumanization <i>Sónia Bernardes</i> |
| 10:45 | Discussion <i>Sónia Bernardes</i> |
| <u>ORAL: Social support and well-being in different contexts</u> Chair: Catrinel Craciun Room: Asimon, Valamar Lacroma Dubrovnik | |
| 9:30 | Self-efficacy related with emotion regulation and caregiving burden in mothers of children with heart disease <i>Selin Yalçın</i> |
| 9:45 | Psychosocial experiences in grandparents whose grandchildren suffer from severe health impairments: a systematic review <i>Cristina Priboi</i> |
| 10:00 | Giving support to a stranger affects stress appraisal, self-focus, and perception of others' self-centeredness. <i>Yeeun Lee</i> |
| 10:15 | The role of peers for general and diabetes-specific functioning throughout adolescence and emerging adulthood. <i>Koen Raymaekers</i> |
| 10:30 | A novel exploration of social-support needs of people with diabetes initiating a complex health technology <i>Claire Reidy</i> |
| 10:45 | Developing a measure of collective efficacy in personal networks: a complement to self-efficacy <i>Rebecca Band</i> |
| 11:00 - 11:30 | Coffee Break |
| 11:30 - 13:00 | Parallel Sessions |
| <u>SYMPOSIUM: Social inequalities and health behaviours: Implications for theory and practice in Health Psychology</u> Chair: Jutta Mata, Benjamin Schüz Room: Elafiti 1, Valamar Lacroma Dubrovnik | |

- 11:30 Social inequality, behavioural determinants and health behaviour – indirect or moderating effects? A systematic review
Lisa Karla Hilz
- 11:45 Social Cognitive Mediators of Socioeconomic and Demographic Correlates of Health Behavior
Kyra Hamilton
- 12:00 Individual and area socioeconomic status, intentions, and smoking initiation
Mark Conner
- 12:15 Socio-economic differences in food choice: Representative surveys of nine European countries
Jutta Mata
- 12:30 Nudge, nudge, wink, wink – Equity effects of dietary nudging interventions
Benjamin Schüz
- 12:45 Discussion
Susan Michie

SYMPOSIUM: Psychological and social aspects determinants of adjustment across the trajectory of health to illness

Chair: Tracey Revenson

Room: Elafiti 2, Valamar Lacroma Dubrovnik

- 11:30 Self-regulatory Mechanisms for Health Behavior Change in Cardiovascular Prevention and Management: A Meta-review
Karina Davidson
- 11:45 Cultivation or enabling? Daily relations between self-efficacy and received support in couples becoming physically active
Philipp Schwaninger
- 12:00 Social support in couples with left ventricular assist device (LVAD) implantation
Tanja Zimmermann
- 12:15 Intrusive thoughts and distress among newly diagnosed prostate cancer patients: Buffering effects of emotional expression
Heiðdís Valdimarsdóttir
- 12:30 Intolerance of Uncertainty and Emotional Distress among Advanced Cancer Patients: The Mediating Role of Experiential Avoidance
Aliza Panjwani
- 12:45 Discussion
Tracey Revenson

ORAL: Role of interventions in managing diabetes and cardiac risk

Chair: Falko Sniehotta

Room: Elafiti 3, Valamar Lacroma Dubrovnik

- 11:30 The Randomised Diabetes Remission Clinical Trial (DiRECT): Two-year results and process evaluation
Falko Sniehotta
- 11:45 An intervention to reduce diabetes distress in couples living with T2 diabetes: theory vs. reality
Emma Berry
- 12:00 IMPROVING OUTCOMES FOR YOUNG ADULTS WITH TYPE 1 DIABETES IN IRELAND: REFINING THE D1NOW INTERVENTION
Eimear Morrissey
- 12:15 Better Sooner Than Later: The Need for isCGM Specific Education Programs in People With Diabetes
Lilli Priesterroth
- 12:30 Comparing blood pressure reduction in exercise interventions and pharmacological interventions in people living with hypertension
Chris Noone
- 12:45 The effects of laughter therapy on cardiovascular risks among community-dwelling Japanese: a randomized controlled trial
Eri Eguchi

SYMPOSIUM: Using stakeholder engagement and person-based approaches in health psychology research: the benefits and challenges

Chair: Jenny McSharry

Room: Olipa 4, Valamar Collection Dubrovnik President

- 11:30 The Person-Based development of the 'Active Brains' digital behaviour change intervention for reducing cognitive decline
Rosie Essery
- 11:45 Using stakeholder consultation to inform the development and implementation of person-based behaviour change interventions
Katy Sivyler
- 12:00 Using the person-based approach to implement and disseminate behaviour change interventions
Kate Morton
- 12:15 Patient engagement in Community-based Primary Care : participatory action research for developing a collaborative model
Julie Haesebaert
- 12:30 Support to autonomy of people living with HIV : community-based approach in a multicultural context
Anne-Sophie Petit
- 12:45 Discussion
Molly Byrne

ORAL: Parents coping with children illnesses

Chair: Helen Pattison

Room: Karaka, Valamar Argosy

- 11:30 Seeking 'normality': parents' management of photoprotection for children with a rare skin condition.
Myfanwy Morgan
- 11:45 Childhood diabetes mellitus: the Greek parents' experience
Vasiliki Brouskeli
- 12:00 Investigating the relationship between adolescents self-managing their type 1 diabetes and diabetes-specific conflict with parents
Ella Tuohy
- 12:15 Post-traumatic growth in parents of long-term childhood cancer survivors compared to parents of the general-population
Anica Illic
- 12:30 Mothers of teenage girls: knowledge and understanding about human papillomavirus and cervical cancer
Susan Sherman
- 12:45 Parents' beliefs about attending and missing children's hospital appointments: an exploratory factor analysis
Helen Pattison

ORAL: Occupational stress and well-being in health care workers.

Chair: Benjamin Gardner

Room: Olipa 1, Valamar Collection Dubrovnik President

- 11:30 Take control - Individual and situational influences on the wellbeing of early career academics
Amelia Hollywood
- 11:45 What makes working in health care stressful? A real-time investigation of events and personal styles.
Derek Johnston
- 12:00 Associations among work factors in nursing, work engagement, and health
Arunas Ziedelis
- 12:15 Staff experiences of working with traumatised people in a Sexual Assault Referral Centre
Rabiya Majeed-Ariss
- 12:30 Burnout symptoms among Swedish psychologists: The role of personality, work characteristics, and gender
Carl Martin Allwood
- 12:45 Is workplace sitting perceived as sitting? Exploring mental representations of sedentary behaviour
Benjamin Gardner

ORAL: Adaptation to illness: mechanisms and correlates

Chair: Ewa Gruszczynska

Room: Galijun, Valamar Argosy

- 11:30 From engulfment to enrichment: associations between illness representations, self-identity and psychological well-being in Mayer-Rokitansky-Küster-Hauser Syndrome
Susan Carroll
- 11:45 Predicting quality of life, anxiety and depression in AF patients: insights using the Common-Sense-Model framework
Elaina Taylor
- 12:00 Mechanisms behind asthma symptom perception and management: attentional bias, cognitive control, mood, and medication beliefs
Iana Alexeeva
- 12:15 A qualitative comparison of high and low adherers with apparent treatment-resistant hypertension
Hannah Durand
- 12:30 The interpersonal impact of partner emotion regulation on chronic cardiac patients' well-being
Evangelos Karademas
- 12:45 People's behaviours in managing diabetes: a qualitative study in Indonesia
James Green

ORAL: Stress reactivity and emotional regulation

Chair: Torun M. Vatne

Room: Asimon, Valamar Lacroma Dubrovnik

- 11:30 Preoccupied with the body: Mild stress amplifies the relation between rumination and interoception
Caroline Schlinkert
- 11:45 Impact of obesity on physiological stress reactivity in adult asthma patients
Nicola Paine
- 12:00 Emotion regulation strategies in social stressful events: subjective, physiological and behavioural responses
Patrícia Arriaga
- 12:15 Emotion regulation difficulties are not always associated with negatives outcomes: the buffer effect of HRV
carole fantini-Hauwel
- 12:30 Coping with Stress: The Contribution of Cognitive Biases to Rumination and Negative Affect
Bitā Zareian
- 12:45 Assessment of physiological stress responses and word use in laboratory anamnesis interviews
Sarah Sturmbauer
- 13:00 - 14:00 Lunch
- 13:00 - 14:00 BPS DHP Meeting
Chair: Angel Chater
Room: Elafiti 4, Valamar Lacroma Dubrovnik

14:00 - 15:30 Parallel Sessions

SYMPOSIUM: Novel perspectives on the role of knowledge in health behavior change

Chair: Marieke Adriaanse

Room: Elafiti 1, Valamar Lacroma Dubrovnik

- 14:00 Make calories motivating: Attaching affect to information about food energy density.
Paschal Sheeran
- 14:15 Mapping how our experiences with behavior shape behavioral decisions
Alexander Rothman
- 14:30 Understanding the snowball effect of self-regulation failure
Marieke Adriaanse

- 14:45 Why giving in to temptations is not necessarily self-regulation failure
Floor Kroese
- 15:00 When failure is justified: Giving in to food temptation may contribute to self-regulation success
Denise de Ridder
- 15:15 Discussion
Catharine Evers

SYMPOSIUM: Dyadic processes and health outcomes

Chair: Aleksandra Luszczynska

Room: Elafiti 2, Valamar Lacroma Dubrovnik

- 14:00 Couples Coping with Rheumatoid Arthritis: Is Support in the Eye of the Beholder?
Anita DeLongis
- 14:15 The interplay between children's daily media consumption, sleep and alertness: A dyadic intensive longitudinal study
Janina Lüscher
- 14:30 Work-family interaction and well-being. The mediating role of dyadic coping and marital quality
Maria Nicoleta Turliuc
- 14:45 Provision of health-related negative social control in couples: The role of beliefs and wishes
Urte Scholz
- 15:00 Audience engagement activity
Aleksandra Luszczynska
- 15:15 Discussion
Christine Rini

ORAL: Well-Being and quality of life in the context of chronic illness

Chair: Sam Norton

Room: Elafiti 3, Valamar Lacroma Dubrovnik

- 14:00 Self-management burden and depression in the context of multi-morbidity
Irina Mindlis
- 14:15 Is coping predictor of quality of life for patients with myopathy?
Amandine Rohmer-Cohen
- 14:30 The psychological impact of venous thromboembolism in young women: health anxiety and PTSD
Chloe Harrison
- 14:45 Systematic review and meta-synthesis of coping with retinitis pigmentosa: implications for improving quality of life
Gulcan Garip
- 15:00 Mental health and treatment response in rheumatoid arthritis
Sam Norton
- 15:15 Improving quality of life after spinal cord injury; intervention and design feasibility study
Gareth Thomas

ROUNDTABLE: What's practical about Health Psychology? Improving Health Psychology dissemination to practitioners

Chair: Gill ten Hoor and Dominika Kwasnicka

Room: Olipa 4, Valamar Collection Dubrovnik President

- 14:00 What's Practical about Health Psychology? Improving Health Psychology dissemination to practitioners.

ORAL: Eating behavior and weight management in the digital age

Chair: Deborah R Wahl

Room: Karaka, Valamar Argosy

- 14:00 Hunger, health or pleasure? Comparison of dispositional and in-the-moment assessed eating motives
Deborah R. Wahl

- 14:15 Do we know what we enjoy? Accuracy of forecasted eating happiness
Karoline Villinger
- 14:30 Posting for health – A field experiment on how social media use affects healthy eating
Michael Kilb
- 14:45 Txt to lose weight: A systematic review and meta-analysis of SMS-based weight management interventions
Rebecca Skinner
- 15:00 Objective (GIS) and subjective food environment as predictors of momentary food intake
Stuart Ferguson
- 15:15 The effects of virtual compared to real eating companions on unhealthy food intake.
Saar Mollen

ORAL: Differences between individuals, self-regulation, and risk across the life-span

Chair: Kirsty Bennett

Room: Olipa 1, Valamar Collection Dubrovnik President

- 14:00 Associations between food addiction and BMI: The role of self-efficacy, model learning and childhood conditioning
Anja Tausch
- 14:15 From Self-Reliers to Expert-Dependents: Identifying Classes among Mobile Users Based on their Health-Related Needs
Eline Smit
- 14:30 Left ventricular assist device (LVAD) implantation in women and men – Whose hearts recover?
Lisa-Marie Maukel
- 14:45 PSYCHOSEXUAL implications of routine primary human papillomavirus testing in the English Cervical Screening Programme
Kirsty Bennett
- 15:00 Are perceived risk of infection also biased and how? Lessons from large epidemics in France
Jocelyn Raude
- 15:15 Sense of meaning, coherence and spirituality on antiretroviral therapy adherence of people on ART care.
Lebogang Phiri

ORAL: The contribution of the extended family and the community to children's health

Chair: Laura Koehly

Room: Galijun, Valamar Argosy

- 14:00 Using family health history feedback to activate communal coping processes in Mexican-heritage families
Laura Koehly
- 14:15 How can extended family members support parents of children with cancer?
Lauren Kelada
- 14:30 Effects of a healthy-lifestyle intervention for pre-schoolers (MEND 2-4) under conditions of normal service delivery
paul chadwick
- 14:45 'Everybody's Different: The Appearance Game'. Evaluating an educational board game for children aged 9-11 years.
Ella Guest
- 15:00 Communication with father moderates the association between adverse childhood experiences and emotional and behavioural problems
Miriama Lackova Rebicova
- 15:15 Feeding Patterns and Mealtime Behaviours of Children with Type 1 Diabetes and Age Matched Controls
Helena Lydon

ORAL: Prevention interventions

Chair: Jörg Huber

Room: Asimon, Valamar Lacroma Dubrovnik

- 14:00 Reducing the burden of maternal obesity: Co-designing a workplace health promotion program for reproductive-aged women
Helen Skouteris
- 14:15 Evaluation of a novel intervention to reduce burnout in doctors-in-training: A mixed-methods pilot study
Antonia Rich
- 14:30 Characteristics and outcomes for participants of beginner running programmes
Carolyn Plateau
- 14:45 Improving health and wellbeing through fuel poverty reduction
Jörg Huber
- 15:00 STANDARDISING STI AND HIV BEHAVIOURAL SURVEILLANCE IN IRELAND: DEVELOPING A NATIONAL SECOND GENERATION SURVEILLANCE SYSTEM
Caroline Kelleher
- 15:15 School-based on-site vaccination and education with the Prevention Bus – a cluster randomised controlled trial
Norma Bethke

15:30 - 17:00 Poster Sessions

1.1 Patient education and decision-making

Chair: Madelynne Arden

Room: Business Centre, Valamar Lacroma Hotel

Factors associated with oral nutritional behaviours in people with motor neurodegenerative diseases: A systematic review
Paul Norman

Modifiable determinants of medication adherence in bipolar-disorder mapped to the Theoretical Domains Framework: systematic review
Asta Ratna Prajapati

Understanding the use of psychosocial support services among cancer patients
Tomoko Matsui

Determinants of screening participation of disadvantaged populations in France: a qualitative study.
Alice Le Bonniec

Effect of manipulating descriptive norms on vaccination decisions
Ksenia Eritsyan

Medical empathy and patient health beliefs explain patients' intention to uptake patient education.
Sophie Lelorain

2.1 Social factors in behavior change interventions

Chair: TBA

Room: Business Centre, Valamar Lacroma Hotel

Effect of companions during a sleep hygiene intervention: A pilot randomized controlled trial
Irina Mindlis

Effects of individual, collaborative and dyadic planning on sedentary behavior
Zofia Szczuka

Friends' role in adolescents' physical activity maintenance: Qualitative analysis of trial participants' follow-up interviews
Katri Kostamo

CLINICAL EFFICACY OF MULTIDISCIPLINARY FAMILY-BASED TREATMENT OF PEDIATRIC OBESITY COMPARED WITH ROUTINELY GIVEN INDIVIDUAL COUNSELING
Ana Bogdanic

Collective identity and wider engagement: Ways forward for antenatal education interventions
Tushna Vandrevala

SMARTFAMILY - A family-based m-health intervention to promote physical activity and healthy eating
Kathrin Wunsch

3.1 The patients' perspective: illness perceptions and representations

Chair: Evangelos Karademas

Room: Business Centre, Valamar Lacroma Hotel

Illness and rehabilitation treatment beliefs as predictors of patient satisfaction and outcome in psychosomatic rehabilitation

Rieka von der Warth

The importance of measuring illness representations among adolescents with anxiety/ depression: modification of the IPQ-R

Holly Bear

Measuring illness representations among adolescents with anxiety and depression: modification and validation of the IPQ-R

Holly Bear

Alexithymia in asthma: the potential mechanism behind symptom perception, illness cognitions, mood, and treatment adherence

Iana Alexeeva

Illness representations, coping and illness outcomes among men with prostate cancer over an 18-months period

Isabella Otto

Baring all: The impact of the hospital gown on recovery and wellbeing

Nicola Cogan

4.1 Positive psychology: The influences of positivity on health

Chair: Dorota Włodarczyk

Room: Business Centre, Valamar Lacroma Hotel

Individual differences in psychological well-being, anxiety and depression in psoriasis patients.

Alan Maddock

Trajectories of fatigue in IBD patients: Predictors and the relationship with disease activity and well-being

Birte Klusmann

Dimensions of personality perception and links to well-being

Jessica Stewart

Specificity of links between curiosity-trait, coping and post-MI QoL- optimism and hope as covariates

Dorota Włodarczyk

"StudiCare Mindfulness" - Effects of an online-based mindfulness intervention on interoceptive processes in students

Christine Schillings

Individual difference in the optimism change by reminiscence and its underlying neurocognitive mechanism

Kentaro Oba

5.1 Adjustment to chronic disease

Chair: Gerry Molloy

Room: Business Centre, Valamar Lacroma Hotel

Moderating the relationship of Emotional Eating and BMI in Cystic Fibrosis patients through mindfulness-based constructs.

Helen Egan

Understanding the Experience of Weight Management Post Bariatric Surgery: An Interpretative Phenomenological Analysis Study

Tracy Epton

The role of exercise in storying arthritis: a road to resistance or reinforcing ruin?

Anthony Papathomas

Physical activity and psychotic symptoms in people with psychotic disorders: systematic review

Ernest Swora

Prevalence and predictors of adherence to inhaled corticosteroids among young adults with asthma:

Systematic review

Jane Murphy

Psychosocial determinants of quality of life and disability in chronic Inflammatory Bowel Disease.
Gary Wild

7.1 Stress, adaptation and resilience

Chair: Sabine Öhlschläger

Room: Business Centre, Valamar Lacroma Hotel

Physical fitness in the prediction of stress-resilience and the role of peripheral brain-derived neurotrophic factor

Rebecca Horstmann

Students' Ability to Relax during Biofeedback with and without Relaxation Music

Gabija Jarasiunaite-Fedosejeva

Predictors of Resource Loss Among Pregnant Women Seeking Primary Care

Eleonora C. V. Costa

Preventing mental strain in the teaching profession: the role of student teachers' personal health resources

Jana Felicitas Bauer

Introducing brief mindfulness and compassion program for medical students

Etsuyo Nishigaki

Influence of stress and depression on vascular phenotypes in children

Lisa Olive

1.2 Health behaviours and theories

Chair: Kyra Hamilton

Room: Business Centre, Valamar Lacroma Hotel

The Role of Implicit Beliefs on Behaviour: Examination of a Moderation Effect

Kyra Hamilton

Applying a dynamical systems approach to theories of habit and motivation for sustained physical activity

Richie Lenne

Systematic review and meta-analysis of trials of behaviour-change interventions based on the Health Belief Model

Ella Graham-Rowe

Preventing sport injuries: The potential use of two behavior change theories

Alexis Ruffault

Nutrition, physical activity and self-assessment of health in Bulgarian adults

Radka Massaldjieva

BEHAVIOURAL DETERMINANTS OF ADULT SLEEP DURATION AND SLEEP QUALITY

Ann DeSmet

2.2 Behavior change interventions: Children and young people

Chair: Krista van Mourik

Room: Business Centre, Valamar Lacroma Hotel

Effectiveness of a peer-led motivational interviewing intervention for increasing physical activity among at-risk adolescents

Margaret Lawler

Using Implementation Intentions to Improve Adolescent Anger Management

Laura Castillo-Eito

Identifying Effective Elements of Preventive Parenting Interventions: A Meta-Analysis

Erica Joosse

The effects of training low-SES adolescents in Motivational Interviewing for health behaviour change among peers.

Angela Hickey

Improving wellbeing of children at school: Managing anger by a rational emotive approach

Davide Maria Cammisuli

Interventions to reduce smoking and substance consumption at a Romanian music festival
Zoltan Abram

EFFECTIVENESS OF A PILOT PSYCHOEDUCATIONAL GROUP INTERVENTION FOR FORGIVENESS
in GREEK-CYPRIO UNIVERSITY STUDENTS
Marios Adonis

4.2 Health behavior and Individual differences in coping and emotion regulation

Chair: Karolina Zarychta

Room: Business Centre, Valamar Lacroma Hotel

Exploring the relationship between prevention focus and emotional eating: The mediating role of emotion regulation
Liesemarie Albers

Does your partner's personality affect your health?
Lynn Williams

Gender-related Differences in Mental Health of Inflammatory Bowel Disease Patients
Hana Bednařiková

Binge eating in obese patients
Alessandra Pokrajac-Bulian

A French short version of the Profile of Emotional Competence (PEC) for cancer patients
Anne-Sophie Baudry

Psychological Aspects of Postnatal Depression Among Parents
Rozalina Geneva

5.2 Psychosocial factors in cancer and cardiovascular disease

Chair: Anita DeLongis

Room: Business Centre, Valamar Lacroma Hotel

Daily laughter and risk of cardiovascular diseases among residents after the Great East Japan Earthquake
Tetsuya Ohira

Meaning in Life and Stress as Determinants of Quality of Life in Stroke Patients
Marina Prista Guerra

What do we know about young adult cardiac patients' experience? A systematic review
Jonathan Journiac

Validation of the Distress Thermometer in advanced cancer patients receiving palliative care
Lisa Graham-Wisener

How is femininity is evaluated in women suffering from breast cancer? A systematic literature review
Gaëlle BONGEOT

Activity and nutrition interventions for older adults with cancer: a scoping review
Cynthia Forbes

6.2 Health behavior interventions in chronic conditions

Chair: Hanne Zimmermann

Room: Business Centre, Valamar Lacroma Hotel

Psychological predictors of outcomes in response to a 12-month outpatient behavioral weight loss intervention
Rachel Goetze

A randomized controlled trial on the effects of hypnosis in patients with obesity
Aurélie Untas

Choices between daily and event-driven pre-exposure prophylaxis for HIV-prevention among men having sex with men
Hanne Zimmermann

Impact of Hepatitis C treatment on substance use and injecting behaviour: a systematic review.
Madeleine Caven

How nutrition and mental health are associated – an exploratory approach
Laura Lehner

Patient and spousal caregiver quality of life after a cardiac event and cardiac rehabilitation
Heather Tulloch

11.1 Chronic illness and health care in ageing

Chair: Ewa Gruszczyńska

Room: Business Centre, Valamar Lacroma Hotel

EFFECTS OF SOCIAL PARTICIPATION ON MILD ALZHEIMER'S DISEASE AND EVERYDAY FUNCTIONING THROUGH COGNITIVE PERFORMANCES

Tamara Mitanova

The future agendas of the person-centered nursing care services for health psychology: scoping review
Noriko Watanabe

Quality of life evaluation in patients affected by Severe Aortic Valve Stenosis in Italy
Enrico Giuseppe Bertoldo

Get back on one's feet: improvements in physical capacity during cardiac rehabilitation
Walter Bierbauer

Sleep: Fuel for good mood, self-efficacy, and medication adherence among older men living with HIV
Brett M. Millar

PRELIMINARY EVALUATION OF THE COMPREHENSIVE PSYCHOEDUCATIONAL PROGRAM "HEALTHY AGEING" IN OLDER ADULTS IN LATVIA.

Jelena Kolesnikova

12.1 Social relationships and health in the early lifespan

Chair: Jan Keller

Room: Business Centre, Valamar Lacroma Hotel

Young carers during respite care: How does making a film about their experience help them?
Géraldine Dorard

Adolescents facing the illness of a relative: preliminary results about young carers.
Eléonore Jarrige

Communication with father and mother differently impacts suicidal behaviour
Carolina Catunda

What happens when your best friend doesn't like your body?
Aslı Çarkoğlu

Cancer diagnosis as a physical activity teachable moment for young people and friends/family
Ainslea Cross

A qualitative investigation of social media's influence on body-related health behaviours in Irish adolescents
David Hevey

13.1 Public health interventions to promote physical activity and healthy eating.

Chair: Wim Nieuwenboom

Room: Business Centre, Valamar Lacroma Hotel

The impact of improvements in urban green space on older adults' physical activity and wellbeing
Jack Benton

Food in motion: Selling a healthy snack to nudge people towards healthier snacking behavior
Caroline Schlinkert

Effectiveness of an evidence and theory-based brief counseling intervention for physical activity in Portuguese NHS
Cristina Godinho

Nudging healthy food choices in an online supermarket setting
Laurens van Gestel

Why does a good meal matter? Identifying the health-promoting characteristics of meal services for elderly.
Wim Nieuwenboom

Causal beliefs about obesity and support for obesity policies in English and US populations
James Reynolds

Intervention in the quality of life of persons with Parkinson's disease using tourism resources
Tomoko Akamatsu

15.1 eHealth interventions and chronic conditions

Chair: Emma Carr

Room: Business Centre, Valamar Lacroma Hotel

Web-assisted Self-help (WASH) for parents of children with ADHD: an effectiveness study
Laura Wähnke

Exploring the usability of a digital intervention to reduce the Patient Interval for breast cancer
Emma Carr

Determining the predictors and outcomes of people with DLB to improve diagnosis and management: Lewy-CRATE
Sinéad Moylett

Evaluation and optimisation of the Tinnitus E-Programme, an internet-based intervention for tinnitus self-management
Kate Greenwell

Identifying psychosocial factors associated with refusal to participate in a mobile-app based adherence intervention
Lyndsay Hughes

RCT testing impact of informative content of SMS reminders on attendance at diabetic retinopathy screening
Gaby Judah

'Hope for PCOS': Co-creation of an online self-management peer support programme for polycystic ovary syndrome.
Carol Percy

Lending an Ear:iPeer2Peer plus Teens Taking Charge online self management to empower children with arthritis
Hannah Durand

15.2 eHealth and lifestyle behaviours

Chair: Johanna Nurmi

Room: Business Centre, Valamar Lacroma Hotel

Emotional functioning, eating behaviours and body image: e-mental health intervention among woman with BMI \geq 25
Kamila Czepczor-Bernat

Stress and quantitative food intake in daily life: a mHealth study exploring intra-individual variability
Alea Ruf

Digital behaviour change interventions for long-term weight management in adults: Systematic review of core features
Jorge Encantado

Promoting physical activity and motivation with the Precious app: Usage findings from factorial n-of-1 RCTs
Johanna Nurmi

Physical activity-related predictors of maladaptive eating behaviours: a preliminary experimental study using eHealth technology
Anna Brytek-Matera

Why do people who want to lose weight stop weighing themselves: an observational analysis
Kerstin Frie

On the dimensional structure of digital engagement: Psychometric evaluation of the 'DBCi Engagement Scale'
Olga Perski

14.6 Implementation & health services research: Innovative approaches

Chair: Anne Marie Plass

Room: Business Centre, Valamar Lacroma Hotel

Selecting components for a novel hospital deprescribing intervention: A modified nominal group technique
Sion Scott

Ethical issues associated with medical biotechnologies: the case of xenograft.
Cécile Fraux

Disseminating, Engaging, and Sharing Knowledge (DESK): patient informed resource for understanding our research.
Jack Flynn

Building capacity from within – upskilling healthcare professionals to lead an evidence-based implementation approach
April Morrow

Comparing theory and non-theory based approaches to improving referral practices: a cluster randomised trial protocol
Natalie Taylor

Legal and social aspects of the Polish geriatric care system
Katarzyna Ruzyczka

16.1 Innovative methods and tools in occupational health psychology

Chair: Beata Basinska

Room: Business Centre, Valamar Lacroma Hotel

Polish adaptation of the Copenhagen Psychosocial Questionnaire II (COPSOQ II)
Katarzyna Orlak

Associations between choice overload and psychological well-being (WHO-5) - A study on work stress
Sabrina Zeike

Stress and Wellbeing in the Farming Community
Emma Carswell

Digital competence of upper-level managers and associations with psychological well-being
Sabrina Zeike

Predictors of mental health and cognitive functions in older Croatian workers
Adrijana Košćec Bjelajac

17.1 Provider communication and beliefs

Chair: Abby Hunter

Room: Business Centre, Valamar Lacroma Hotel

Electronic cigarettes in pregnancy: A qualitative study exploring healthcare professionals' beliefs, attitudes, knowledge and behaviour.
Abby Hunter

Provider Communication and Transition Readiness Among Adolescents with Type 1 Diabetes in a U.S. Setting
Christina Duncan

Challenges encountered by sub-Saharan African migrants and health providers during HIV-related medical consultations in Australia
Amy Mullens

Nurses' knowledge, experience and attitudes regarding Alternative and Augmentative Communication (AAC) in hospital
Lada Perković

Understanding health workers' experiences of an Ebola outbreak and attitudes to infection-prevention-control in Sierra Leone
Jo Hart

Emotional related skills for Applied Theatre Practitioners performing in Health Care context: A qualitative approach.
Anatoli Karypidou

18.1 Challenges, adversity and resilience

Chair: Gerjo Kok

Room: Business Centre, Valamar Lacroma Hotel

Challenges of health promotion at community health centers
Yasinta Astin Sokang

Evaluation of health promotion at community healthcare centers in Indonesia: a long way to go
Yasinta Astin Sokang

Effects of resilience and cross-cultural understanding in parents living abroad on their parenting attitudes
Hiromi Hirata

It's mine, so I am taking care of it: Psychological ownership for sustainable health-related infrastructure
Jennifer Inauen

Adversity and Gender-Discrimination Among College Students in India and the Relationship to Emotional and Physical-Health
Linda Olszewski

Moving Towards an LGBTQ Inclusive and Affirmative Health Psychology: Challenges and Recommendations
Joanna Semlyen

Rejective or Receptive Attitude toward Sexual Orientation among Japanese Junior, High School, and University Students
Makiko Kasai

Exercise Science Students' Stigma and Conscious/Automatic Responses: The Importance of Weight and Sex of Target.
Ahuitz Rojas-Sánchez

18.4 Medicines and messages

Chair: Alexandra Dima

Room: Business Centre, Valamar Lacroma Hotel

Analysis of media's representation of Medicinal Cannabis: Life-saving Medicine or Criminal Drug?
Joanne Ahmed

Brazilian caregivers' adherence to child primary care recommendations: the predictive role of psychosocial determinants
Susana Mourão

#Diabetesonaplate: Contesting representations of diabetes on Instagram
Leda Blackwood

A qualitative exploration of students' experiences with nonmedical use of prescription medicines for cognitive enhancement
James Green

Exploring barriers and facilitators to daily medication adherence in young people with asthma
Lisa-Marie Rau

The influence of parents' beliefs about medicine on their use of over-the-counter medicines in children
Helen Pattison

20.1 Methodology: developing and validating health psychology tools and measures

Chair: Jenny McSharry

Room: Business Centre, Valamar Lacroma Hotel

Developing a tool for individual health related behavior values assessment
Mariya Danina

The development of a new measure: The Impact of Female Chronic Pelvic Pain Questionnaire (IF-CPPQ)
Miznah Al-Abbaday

One single question is not sufficient to identify individuals with electromagnetic hypersensitivity
Zsuzsanna Dömötör

Multimethod stress evaluation: Effects of an intervention on teachers' health including self-report and biologically measurement
Natalie Gouasé

Generation of Patients-as-Partner Items Through a Qualitative Data Analysis : A Content Validation Process
Angela Otero

Development and validation of a new measure of adherence to cystic fibrosis care
Christina Duncan

21.1 Rapid Communication: Clinical health psychology and relationships with providers

Chair: Andrew Thompson

Room: Elafiti 4, Valamar Lacroma Dubrovnik

Health-related quality of life and sleep in adolescents in residential care
Ana Gonçalves

Prospective study on PTSD related to childbirth among Tunisian women: Prevalence and associated factors
Hannachi Nawel

The school climate as a protective factor for drug use
Maria Lizabete Souza

Poor perception of team care support and PTSD after childbirth. Mediation of maternal self-efficacy
Manon Pongy

Engaging immigrants in psychotherapy: Development and pilot RCT of a culture-tailored, web-based intervention
Hanna Reich

- 17:00 - 18:00 Keynote Lecture: Rona Moss-Morris
Chair: TBD
Room: Elafiti, Valamar Lacroma Dubrovnik
An 18-year journey from theory to impact: The example of cognitive behavioural self-management for irritable bowel syndrome (IBS)
- 18:00 - 19:00 National Delegates Meeting
Room: Elafiti 1, Valamar Lacroma Dubrovnik
- 19:00 - 21:00 Celebrating EHPS Active Engagement
Room: Elafiti Terrace, Valamar Lacroma Dubrovnik

Thursday, 05 Sep

- 8:15 - 9:30 EHPS AGM (member's meeting)
Room: Elafiti 1, Valamar Lacroma Dubrovnik
- 9:30 - 11:00 Parallel Sessions
- SYMPOSIUM: The Multiphase Optimization Strategy (MOST): Case examples and considerations in behavioural intervention research
Chair: Bonnie Spring
Room: Elafiti 1, Valamar Lacroma Dubrovnik
- 9:30 Overview of Multiphase Optimization Strategy (MOST) phases and designs to address evidence-based behavioral practices
Bonnie Spring
- 9:45 Using the multiphase optimization strategy (MOST) to develop an intervention to reduce child maltreatment
John Kjøbli
- 10:00 The MOST optimization phase: Case example of the Opt-IN weight loss study
Sara Hoffman
- 10:15 Testing Stepped Care Interventions Optimized for Weight Loss and Conservation of Resources
Angela Pfammatter
- 10:30 Discussion
Susan Michie
- 10:45 Audience Questions / Panel Discussion
Angela Pfammatter
- SYMPOSIUM IAAP-Division 8: Individuals' health, behavior and coping: professionals and community-based, participatory approaches to promote individuals' health
Chair: Urte Scholz, Yiqun Gan
Room: Elafiti 2, Valamar Lacroma Dubrovnik
- 9:30 Physical inactivity and anxiety in the context chronic illness and age: a meta-analysis
Aleksandra Luszczynska
- 9:45 The role of social support and discrimination in PTSD among Filipino Domestic Workers in China
Brian Hall
- 10:00 Illness Perceptions, Coping and Well-Being among Persons with Multiple Sclerosis: A Common Sense Model Application
Marta Bassi
- 10:15 Partnerships to enhance health behaviour change practice and outcomes: learning from the response to HIV
John de Wit
- 10:30 Discussion
Noa Vilchinsky
- 10:45 Audience engagement activity
Sonia Lippke
- STATE OF THE ART: Managing addiction and chronic pain
Chair: Brian McGuire
Room: Elafiti 3, Valamar Lacroma Dubrovnik
- 9:30 Testing STOP: Self-regulation Therapy for Opioid addiction and Pain
Amy Wachholtz

- 10:15 The role of psychologist in the multidisciplinary program for the treatment of chronic pain
Iva Dimitrijević
- 10:30 Neurofeedback for central neuropathic pain: understanding successful neuromodulation in able-bodied and spinal cord injury participants
Krithika Anil
- 10:45 Investigating the effect of an online ACT intervention for multimorbidity and chronic pain on HRQoL
Brian McGuire

ORAL: Theory-based approaches to understanding physical activity

Chair: Kyra Hamilton

Room: Olipa 4, Valamar Collection Dubrovnik President

- 9:30 The social identity process and school climate as novel targets for physical activity behaviour change
Lisa Olive
- 9:45 The relationship between personality traits and the dual process of adopting physical-activity among nurses
Rinat Avraham
- 10:00 Objectively measured physical activity and executive function
Daniel Powell
- 10:15 Capabilities, opportunities and motivations to be physically activity in disadvantaged communities in Doncaster, UK
Madelynne Arden
- 10:30 Exploring LGBTQ+ minority stressors within physical activity contexts from a self-determination theory perspective
Shannon Herrick
- 10:45 Planning and action control as predictors of physical activity among patients with knee osteoarthritis
Ralf Schwarzer

ORAL: Managing chronic conditions with digital technologies

Chair: Neil Coulson

Room: Karaka, Valamar Argosy

- 9:30 Moving On: Acceptability of a personalised mHealth lifestyle self-management intervention for cancer survivors
Jenny Groarke
- 9:45 Examination of the empowering processes and outcomes arising from engagement with fibromyalgia online support groups
Neil Coulson
- 10:00 A chance to modify behavioral risk factors? Behaviour change techniques in chronic condition self-management apps
Luiza Siqueira do Prado
- 10:15 Reducing cancer-related fatigue (CRF) by means of the Untire App – A randomized controlled trial
Simon Spahrkäs
- 10:30 The association between user engagement, illness beliefs and self-management: A RCT of two diabetes apps
Anna Serlachius
- 10:45 Impacts of digital technologies on health and patient-doctor relationship in chronic diseases
Camille Vansimaey

ORAL: Conscious, intuitive and compensatory health behaviors

Chair: Gerry Molloy

Room: Olipa 1, Valamar Collection Dubrovnik President

- 9:30 A Qualitative Investigation of the Use and Characterisation of “Habit” by Lay-People
Daniel Brown
- 9:45 Conscientiousness and adherence to anti-hypertensive medications: Using direct and indirect measures
Gerry Molloy

- 10:00 The relationship between intuitive eating, self-reported and laboratory food intake in middle-aged adults
Ulrike Ruzanska
- 10:15 Is unhealthy snacking related to compensatory beliefs and behaviors? Evidence from an intensive-longitudinal study
Melanie Amrein

- 10:30 Understanding compensatory eating: Reasons for eating less healthy after exercise
Natalie Reilly

- 10:45 FOODLIT-PRO: Profiles of eating as needed and associated psychological/behavioural strategies - Portuguese experts' perspectives.
Raquel Rosas

ORAL: Health services research: Assessing implementation

Chair: Lucie Byrne-Davis

Room: Galijun, Valamar Argosy

- 9:30 Implementing a low-cost psychosocial intervention (DIALOG+) in low and middle-income countries in South-Eastern Europe
Jennifer Hunter
- 9:45 Playing for Change: Experiential learning methods in behaviour change training with Ethiopian Health Extension Workers
Wendy Maltinsky
- 10:00 A qualitative exploration of anaesthesia providers' experiences following training in Tanzania, Nepal and Bangladesh
Eleanor Bull
- 10:15 Patient Partner Approach in healthcare : between representations and application. An interregional qualitative study
Manon Pongy
- 10:30 Exploring safe anaesthesia behaviours in Tanzania, Zimbabwe, Nepal and Bangladesh
Jo Hart
- 10:45 Systematic Review and Behavioural Analysis of Making Every Contact Count, Alcohol and Smoking Brief Interventions
Angela M. Rodrigues

ORAL: Parents and family: Challenges and solutions

Chair: Marita Hennessy

Room: Asimon, Valamar Lacroma Dubrovnik

- 9:30 Healthy growth during the first 1,000 days: parental views and maximising their engagement in interventions
Marita Hennessy
- 9:45 A CORE OUTCOME SET FOR INFANT FEEDING INTERVENTIONS TO PREVENT CHILDHOOD OBESITY
Karen Matvienko-Sikar
- 10:00 Mothers and fathers in NICU: comparing parental stress, sources of stress and stress reduction techniques
Zrinka Pukljak Irićanin
- 10:15 Attitudes and beliefs about food allergies in adolescents with and without a diagnosed food allergy.
Kristina Newman
- 10:30 THE impact of BEHCET'S disease on intimate relationships in women: a qualitative study
Emily Arden-Close
- 10:45 Psychosocial predictors of IVF success after one year
Tony Cassidy

11:00 - 11:30 Coffee Break

11:30 - 13:00 Parallel Sessions

SYMPOSIUM: Targeting automatic processes to change eating behaviour

Chair: Laura M. König

Room: Elafiti 1, Valamar Lacroma Dubrovnik

- 11:30 Electrophysiological correlates of response inhibition training on high and low calorie food cues
Matthias Aulbach
- 11:45 ImpulsePal: Developing an impulse management intervention to support dietary changes and weight management
Samantha van Beurden
- 12:00 Assortment size and time pressure modulate the link between attitudes and food choice
Laura M. König
- 12:15 The impact of health warning labels on snack selection: two online experimental studies
Natasha Clarke
- 12:30 Public acceptability of nudging and taxing to reduce consumption of alcohol, tobacco, and food
James Reynolds
- 12:45 Discussion
Paschal Sheeran

SYMPOSIUM: Do we fear what harms us? New perspectives on individual and societal-related risk perceptions

Chair: Nadine Lages

Room: Elafiti 2, Valamar Lacroma Dubrovnik

- 11:30 People's Knowledge About Toxicology and Factors Predicting Consumers' "Chemophobia" (part of a symposium)
Rita Saleh
- 11:45 Flu vaccination beliefs and herd immunity: Comparing free-riders and prosocial actors
Nadine C. Lages
- 12:00 Citizen Science: Psychological and situational factors that determine people's willingness-to-share health and genomic data
Angela Bearth
- 12:15 Accuracy in the perception of lifestyle and societal risks: A comparison between Germany and Israel
Josianne Kollmann
- 12:30 We shall live till 86 in excellent health: Desire for greater (un)equal distribution of health
Luka Johanna Debbeler
- 12:45 Discussion
Britta Renner

ORAL: Treatment approaches in chronic illness

Chair: Maryanne Martin

Room: Elafiti 3, Valamar Lacroma Dubrovnik

- 11:30 Exploring the potential for a transdiagnostic approach to chronic disease-related fatigue treatment.
Claire Willis
- 11:45 Emotional processing and mood as mediators of cognitive behavioural therapy in Irritable Bowel Syndrome
Alice Sibelli
- 12:00 Testing a Moderated Mediation model of MBCT's effects for psoriasis patient
Alan Maddock
- 12:15 Treatment fidelity in the gait rehabilitation in early rheumatoid arthritis (GREAT) feasibility study
Emma Godfrey
- 12:30 Effectiveness of a therapy adherence intervention; a multi-center randomized controlled trial
Joyca Lacroix
- 12:45 Impact of Mindfulness-Based Cognitive Therapy for Irritable Bowel Syndrome: A randomised control trial.
Maryanne Martin

ORAL: Individual differences in emotion regulation

Chair: John de Wit

Room: Olipa 4, Valamar Collection Dubrovnik President

- 11:30 Impaired Sleep and Psychological Symptoms in Turkish Adults: A Test of the Emotion Dysregulation Pathway
Ezgi Tuna
- 11:45 The relationship of dispositional compassion for others with depressive symptoms over a 15-year prospective follow-up
Mirka Hintsanen
- 12:00 Difficulties in Emotional Regulation and Mental Health among Young Adults with History of Homelessness
Sara Semborski
- 12:15 Fear of physical activity predicts objectively assessed physical activity in patients with heart failure
Heike Spaderna
- 12:30 Psychological interventions for re-injury anxiety among athletes injured at ACL, a randomized controlled trial study.
Benjamin Caumeil
- 12:45 Problematic use and QoL of online video game players: identification of motivational profiles.
Maxime Larrieu

ORAL: Health services research: Implementation & fidelity

Chair: Elaine Cameron

Room: Karaka, Valamar Argosy

- 11:30 Self-management support for breast cancer survivors in France: mapping current practices on behaviour change theory
Alexandra Dima
- 11:45 Fidelity assessment of motivational interviewing-based treatment support delivered by nurses
Louise Prothero
- 12:00 Does a national diabetes prevention programme train staff to deliver planned behaviour-change techniques with fidelity?
Elaine Cameron
- 12:15 Health care professionals' views of screening for depression and anxiety in long-term conditions
Joanna Hudson
- 12:30 What affects whether physical activity is recommended to cancer patients?
Alexander Haussmann
- 12:45 Implementing the Positive Aging Policy in Challenging Healthcare Contexts: Views and Practices of Romanian doctors
Catrinel Craciun

SYMPOSIUM: Making healthy choices the easy choice: Redesigning systems and environments to promote health

Chair: Julia Allan

Room: Olipa 1, Valamar Collection Dubrovnik President

- 11:30 Is increasing the availability of healthy options enough? The example of Scottish hospitals.
Julia Allan
- 11:45 Interventions to reduce saturated fat of food purchases: randomised trial in an experimental online supermarket
Dimitrios Koutoukidis
- 12:00 Under pressure: is nudge effectiveness influenced by time pressure?
Femke de Boer
- 12:15 Health and control over the environment in disadvantaged and non-disadvantaged neighborhoods
Marleen Gillebaart
- 12:30 Consumption of artificially and sugar sweetened drinks and snack choice in teenagers: An experimental study.
Rachel Crockett
- 12:45 Discussion
Denise de Ridder

ORAL: Digital health promotion

Chair: Max Western

Room: Galijun, Valamar Argosy

- 11:30 Leveraging social media to understand the treatment needs of individuals with opioid use disorder
Patricia Cavazos
- 11:45 Information Architecture: A Design Feature to Improve Patients' Satisfaction with Online Health Education Interventions
Tessa Dekkers
- 12:00 Real-time multidimensional feedback from wearable physical activity monitors supports positive behaviour change in inactive adults.
Max Western
- 12:15 Supporting Behavior Change in Older Adults: A Blended Approach to Increase Physical Activity
Sumit Mehra
- 12:30 Development of smartphone applications for promoting healthy dietary choices in young adults
Gitte Kloek
- 12:45 A systematic review of just-in-time adaptive interventions (JITAs) to promote physical activity
Wendy Hardeman

ORAL: Ageing: Understanding social and psychological diversity

Chair: Christine Stephens

Room: Asimon, Valamar Lacroma Dubrovnik

- 11:30 A lifecourse approach to understanding unequal trajectories of healthy ageing.
Christine Stephens
- 11:45 What motivates older adults to attend a falls prevention program: Anticipated health or social benefits?
Greta M. A. Steckhan
- 12:00 Loneliness and increased healthcare use in older adults – is health a mediator?
Annette Burns
- 12:15 Depression and anxiety as risk factors for cardiac rehabilitation outcomes
Tania Bermudez
- 12:30 Walking to primary care in older adults' shoes. E-learning for GPs evaluated through patients experience
Marta Rzadkiewicz
- 12:45 Impact of Cognitive Reserve in Elderly Outpatients with Reduced Cognitive-Motor Functions
Alberto Sardella

13:00 - 14:00 Lunch

13:00 - 14:00 Meeting: Special Interest Group (SIG) on Digital Health & Computer-tailoring
Chair: Eline Smit
Room: Elafiti 4, Valamar Lacroma Dubrovnik

14:00 - 15:30 Parallel Sessions

SYMPOSIUM: Europe's illicit drug use challenges: are health psychological, social and policy responses fit for purpose?

Chair: Gjalt-Jorn Peters

Room: Elafiti 1, Valamar Lacroma Dubrovnik

- 14:00 Trends in cannabis consumption among youth in Luxembourg
Carolina Catunda
- 14:15 Psychosocial predictors of injecting risk behaviour in people who inject drugs on hepatitis C treatment.
Amy Malaguti
- 14:30 Sexual health and social inequities in women on opioid substitution treatment
Hannah Family
- 14:45 Sampling and recruitment of PWID in the study: notes from the field
Ksenia Eritsyay

15:00 Audience engagement activity
Gjalt-Jorn Peters

15:15 Discussion
Nadine Berndt

ORAL: Managing cancer and long term conditions: Role of interventions

Chair: Rona Moss Morris

Room: Elafiti 2, Valamar Lacroma Dubrovnik

14:00 Efficacy of a Stepped Collaborative Care Intervention for Patients Diagnosed with Comorbid Cancer and Depression
Jennifer Steel

14:15 Using intervention mapping to develop and test a tamoxifen adherence intervention in breast cancer survivors
Zoe Moon

14:30 Brief relaxation training intervention reduces social disruption over 12 months in non-metastatic breast cancer patients
Chloe Taub

14:45 Illness Perceptions and psychological distress as HRQoL predictors in Head-Neck cancer patients after radiotherapy
Vassiliki Siafaka

15:00 A Systematic Review on the Usage of Self-Compassion-Based Interventions for Chronic Diseases
Aysenur KILIC

15:15 Using person-centred intervention mapping to develop an online cognitive-behavioural treatment for distress in long-term conditions.
Katrin Hulme

ROUNDTABLE: Interdisciplinary approaches to health and sustainability in low- and middle-income countries

Chair: Joanna Hale

Room: Elafiti 3, Valamar Lacroma Dubrovnik

14:00 Interdisciplinary approaches to health and sustainability in low- and middle-income countries

ORAL: Contemporary issues in work and health

Chair: Martin Dempster

Room: Olipa 4, Valamar Collection Dubrovnik President

14:00 Organisational sexist climate: its effects on mistreatment and illegitimate tasks in the workplace
Carolina Pia Garcia Johnson

14:15 Occupational burnout, stress and life satisfaction among groups of surgical and psychiatric nurses.
Ewa Wilczek-Ruzyczka

14:30 Identification of stress factors in ICU: need for a specific stress scale ?
Alicia Fournier

14:45 A Systematic Review of Infectious Illness Presenteeism: Prevalence, Reasons and Risk Factors
Rebecca Webster

15:00 Correlates of desire to work in persons visiting psychiatric outpatient clinics
Magnus L Elfström

15:15 Coping, burnout and resilience among UK medical doctors
Martin Dempster

SYMPOSIUM: Women's health issues across the lifespan: Identifying risks and opportunities for change

Chair: Efrat Neter

Room: Karaka, Valamar Argosy

14:00 Persevering in fertility treatments despite repeated failures: unrealistic-optimism and the reality of a pronatalist culture
Yael Benyamini

- 14:15 Women's decisions about next-generation sequencing for newborn screening: psychological mediators of increases in pregnancy anxiety
Christine Rini
- 14:30 Compensatory health beliefs on breastfeeding varying by breastfeeding status
Efrat Neter
- 14:45 Title: Sedentary behaviors and behavior-specific social support in mother-child and female partner-patient dyads
Monika Boberska
- 15:00 The role of health literacy and health beliefs in colonoscopy screening among Romanian women
Adriana Baban
- 15:15 Discussion
Irina Todorova

SYMPOSIUM: Advancing acceptability research: application of health psychology approaches to inform intervention development and assessment

Chair: Mandeep Sekhon and Martin Cartwright

Room: Olipa 1, Valamar Collection Dubrovnik President

- 14:00 Engagement activity - open discussion
Mandeep Sekhon
- 14:15 Prospective acceptability of a proposed rehabilitation programme for chest trauma patients: a qualitative study
Martin Cartwright
- 14:30 Acceptability of infant feeding interventions in primary care with healthcare professionals: a qualitative interview study
Elaine Toomey
- 14:45 Development of eczema care online, a digital intervention to support eczema self-management in young people
Kate Greenwell
- 15:00 Evaluating the acceptability of digital interventions for improving quality of life in adults with asthma
Max Western
- 15:15 Discussion
Molly Byrne

ORAL: Mechanisms and outcomes of behavior change

Chair: Sharon Simpson

Room: Galijun, Valamar Argosy

- 14:00 Neutralizing the false-balance effect - How media can support rebuttal of misinformation about vaccination
Philipp Schmid
- 14:15 Effectiveness of behaviour change interventions in promoting breastfeeding: A systematic review and meta-analysis
Philippa Davie
- 14:30 Reducing Red and Processed Meat Consumption by Daily Text Messages on Environment or Health
Valentina Carfora
- 14:45 AAP intervention effects on miscarried helping and parent and youth self-efficacy in asthma management
Kristine Durkin
- 15:00 Disentangling perceived capability from motivation using vignettes: Examination of self-efficacy measures applied to physical activity
Stina J. Grant
- 15:15 A randomised controlled feasibility trial of a safety planning intervention to reduce suicidal behaviour.
Sharon Simpson

ORAL: Individual differences in stress processes

Chair: Daryl O'Connor

Room: Asimon, Valamar Lacroma Dubrovnik

- 14:00 Higher trait loneliness predicts reduced vagal reactivity and vagal recovery to cognitive demand
Charlotte Roddick
- 14:15 Shyness and heart rate variability during everyday life social interactions
Andreas R. Schwerdtfeger
- 14:30 Are Trait Emotional Competencies Protective for Heart Rate Variability in Stress Conditions?
elise Batsele
- 14:45 Exploring Resilience Factors and Daily Cortisol Levels in Individuals Vulnerable to Suicide
Daryl O'Connor
- 15:00 The effects of hunger on variability of stress in homeless and formerly homeless young adults
Eldin Dzibur
- 15:15 Assisting University Students Self-Manage Stress: A Randomized Controlled Trial of Mindfulness Meditation Tools
Rebecca Acabchuk
- 15:30 - 17:00 **Poster Sessions**

1.3 Health-risk behaviour

Chair: Barbara Mullan

Room: Business Centre, Valamar Lacroma Hotel

Motivational and momentary influences on adult smoking: An application of Temporal Self-Regulation Theory
Christopher Martin Jones

Determinants of nicotine replacement therapy use in pregnancy: mixed methods systematic review
Katarzyna Campbell

A conceptual model for understanding tobacco- and nicotine-containing product transition and switching behaviors
Esther Afolalu

Student identity, group norms and alcohol consumption: Testing a social identity model of behavioural associations
Emily Hughes

The effect of television advertising on soft drink consumption: A dual-process models approach
Eva Kemps

2.3 Behavior change interventions and prevention

Chair: Sara Hoffman

Room: Business Centre, Valamar Lacroma Hotel

Lessons from implementing a factorial experiment within the MOST framework: The Opt-IN weight loss study
Sara Hoffman

Effectiveness of computer-tailored interventions targeting evolution of dietary behaviors: a systematic review
Amandine Schoumacker

Workplace health promotion intervention for raising influenza vaccination coverage in healthcare workers
Nataša Dernovšček Hafner

Use of graphic narratives and health behaviour concepts in cancer screening leaflets: A content analysis
Lauren Gattling

Implementation Mapping: Using Intervention Mapping to develop implementation strategies
Sanne van Lieshout

4.3 Individual differences in health perceptions

Chair: Gill ten Hoor

Room: Business Centre, Valamar Lacroma Hotel

Associations of low health literacy with increased blood pressure in ESRD patients in Slovakia
Ivana Skoumalova

Wanna Look Bigger: Psychosocial correlates of muscle dissatisfaction among male college students in Hong Kong
Gill ten Hoor

French validation of ORTO 15 and its links with body image disorder
Natalija Plasonja

When the health it is no the more important. Addicted runners training and recovering
Abel Nogueira López

Health literacy associations with gingivitis among Slovak adults: preliminary results
Peter Kolarcik

Visual Dynamic Scale of Mind-Body Relationships (VDS-MBR): assessing perceived relationships between mind-body
kris naïvelt

FOODLIT-PRO: "What determines food literacy, what are institutions doing?" Mixed-method analysis on Portuguese experts' perspectives
Raquel Rosas

5.3 Living with chronic illness

Chair: Aleksandra Luszczynska

Room: Business Centre, Valamar Lacroma Hotel

A qualitative exploration of persistent fatigue among women with endometriosis in South Africa
Rizwana Roomaney

The lived experience of self-management within T2D, using a combination of IPA and photo-elicitation.
Shona Harris

Burden of living with HIV as a chronic disease among individuals diagnosed in recent years
Hanne Zimmermann

Living with multiple sclerosis (MS) in South Africa: How is MS experienced in the workplace?
Hermine Kruger

How do subjective financial resources of temporary disability pensioners relate to their loneliness and life-satisfaction?
Sonia Lippke

Living with scoliosis in individuals over 30: a photovoice study of an individual experience.
Michele A. Mulqueen

When things go wrong: exploring experiences of women with vaginal mesh complications
Bridget Dibb

7.2 Depression, anxiety and PTSD

Chair: Anna Banik

Room: Business Centre, Valamar Lacroma Hotel

Interplay between physical activity and depression: Longitudinal dyadic research in the context of chronic illness
Magdalena Kruk

The influence of mindfulness-based stress reduction on different facets of interoceptive processes in depressive patients
Georgios Karanassios

Anxiety and depression in women with breast cancer
Ivona Poljak

Posttraumatic stress symptoms, driving phobia, and aberrant driving behaviors. The moderating role of gender
Cornelia Mairean

Impact of the posttraumatic stress disorder on maternal bonding. Mediation of coping strategies
Hannachi Nawel

Diagnostic utility of symptom screening scales for detecting anxiety disorders: Systematic review and meta-analysis protocol
Nicola Black

10.1 Quality of life at transition points in life

Chair: Winifred Nwosu

Room: Business Centre, Valamar Lacroma Hotel

Predictive factors for psychological distress during BRCA 1/2 testing: a systematic review.

Nikolett Warner

Clinical Psychological Evaluation in Elderly Men With Prostatic Hypertrophy in Treatment with Dutasteride.

Federica Bellone

Anxiety and Perceived Quality of Life in Patients with Diabetes of Long Duration

Gabriella Martino

Cognitive and motor tests predicting quality of life in patients with Parkinson's Disease-Mild Cognitive Impairment

Davide Maria Cammisuli

A projective tool to face de-structuring life transitions: applications with foreign citizens seeking asylum.

Matilde Nicolotti

Is depersonalization the missing link in predicting psychological and physical well-being in undergraduates?

Jonathan Egan

12.2 Caregiving in personal and professional relationships

Chair: Theresa Pauly

Room: Business Centre, Valamar Lacroma Hotel

An emotionally perfect caregiver: perfectionism, emotional competencies, and burnout in informal caregivers

Pierre G  rain

Assessing caregivers' adherence to child primary care recommendations: Development and validation of a scale

Susana Mour  o

Patients facing the choice of renal replacement therapy: What is the role of relatives?

Lucile Montalescot

Relationship distress predicts mental health and quality of life among cardiac rehabilitation patients and partners

Heather Tulloch

Investigation of the Mourning Process of Family Members Caring for Patients Hospitalized in Palliative Care

  zkan SARISAKAL

Association of rumination and social support with recovery experiences among human service professionals

Naoko Kamba

Compassion satisfaction, burnout and compassion fatigue among nurses

Melita Rukavina

1.4 Food, eating, and weight

Chair: Emely de Vet

Room: Business Centre, Valamar Lacroma Hotel

Social and personal consumption norms underlying the effect of portion size on later food intake

Sanne Raghoobar

Self-Efficacy Inventory. Weight control for children and preadolescents

GILDA GOMEZ

The influence of eating life environment on unhealthy snacking

Shoji Ohtomo

Potential mechanisms explaining how unhealthy visual food cues affect food choice and intake in adults

Monique Alblas

Exploring the relationship between stimulus control and BMI

Stefania Franja

Exploring the relationship between attentional bias, stimulus control and BMI

Stefania Franja

Can we have a second serving? A replication study on the neurobiological mechanisms underlying self-control

Nynke van der Laan

2.4 Behavior change interventions: Healthcare professionals

Chair: Wiebke Goehner

Room: Business Centre, Valamar Lacroma Hotel

Systematic review of the effect of social norm interventions on clinical behaviours of health workers

Mei Yee Tang

Spanish trainee nurses' skills and attitudes of obesity and behaviour change

Marie-Carmen Neipp

Behaviour change strategies for physiotherapists: A one-group pre-post intervention trial in medical rehabilitation

Wiebke Goehner

Implementation intention and anticipated regret on vaccination behavior against fluenza with healthcare workers.

aurélie gauchet

Fit for health-oriented leadership? Evaluation of a multimodal management training program

Eva Catrin Bartel

Overweight in Primary Care: Analysing the Problem and Developing an Intervention Objective

Ana Trovisqueira

4.4 Personality differences, Identity and health

Chair: Jowinn Chew

Room: Business Centre, Valamar Lacroma Hotel

Treating impulsivity with synbiotics in adults: a multicentre, double-blind, randomized, placebo-controlled trial

Anne Siegl

THE DIFFERENCES IN FUNCTIONING DOMAINS BETWEEN PATIENTS WITH ALCOHOL USE DISORDER AND NON-CLINICAL GROUP

Jelena Kolesnikova

Investigating anxiety surrounding illness uncertainty in multiple sclerosis

Jowinn Chew

Food-deprivation induced changes in interoceptive accuracy are moderated by personality traits

Christian Rominger

Personality predictors of flexibility in coping with stress in adults

Izabela Grzankowska

The relationship between personality and fatigue among patients with multiple sclerosis

Ivana Marcinko

Dual usage of traditional and e-cigarettes and its relationship to users' identities

Joanne Ahmed

6.3 Clinical health psychology interventions

Chair: Frank Doyle

Room: Business Centre, Valamar Lacroma Hotel

Network meta-analysis of pharmacological, psychotherapeutic, exercise and collaborative-care interventions for depression in coronary patients: Protocol

Frank Doyle

Effectiveness of an intervention based on acceptance and commitment therapy in patients living with HIV.

Rocio Rodríguez-Rey

Resonant Breathing based HRV - Biofeedback training facilitates recovery of depressive symptoms.

Josef Tatschl

Interest of horse-assisted therapy in the evolution of emotional disorders of addicted patients in aftercare

Elisabeth Spitz

Evaluating the NICE guidelines for post stroke depression in low resource settings: A systematic critique
Mariam Salie

Impact of nurse-led patient education on patients' quality of life: A systematic review
Winifred Nwosu

8.2 Recent perspectives on pain, adaptation and medication adherence

Chair: Sónia Bernardes

Room: Business Centre, Valamar Lacroma Hotel

Towards a deeper understanding of adherence to medication in pain patients
Gabriele Helga Franke

Explicit and implicit self-esteem, social exclusion and pain tolerance among women training CrossFit.
Ewa Wojtyna

Motives behind pain behaviour: the perspective of patients and spouses
Fatemeh Akbari

Assessment Methods for the Identification of Pain for Individuals with Autism: A Systematic Review
Helena Lydon

Exploring persistent inflammation and symptoms in Inflammatory Arthritis: Patient & Professional experiences
Sam Norton

Prevalence and predictors of medication non-adherence among patients with multimorbidity: A systematic review and meta-analysis.
Louise Foley

9.3 Social support and resilience in adolescence

Chair: David Hevey

Room: Business Centre, Valamar Lacroma Hotel

Social support and it's relation to adolescent emotional and behavioral outcomes.
Ingrid Danila

Do discriminated children report higher excessive Internet use-does social support from friends mediate this?
Laura Urbanová

Exploring resilience in adolescents exposed to violence – the role of developmental assets
Xincheng Sui

ADVERSE CHILDHOOD EXPERIENCE AS PREDICTORS FOR ANXIETY IN ADOLESCENCE
Dimitrinka Jordanova Peshevska

Family crisis and positive youth development: the role of gender and hopelessness in early adolescence
Jaroslava Mackova

Body Norms among French and Luxembourgish's adolescents: Outcome of National Health Promotion Programs.
Michèle BAUMANN

9.4 Health issues in pregnancy and infancy and opportunities for intervention

Room: Business Centre, Valamar Lacroma Hotel

The impact of psychosocial factors on the duration of breastfeeding of Mums in Stoke-on-Trent
Sarah Dean

Safe to vape whilst breastfeeding? Postpartum women's opinions on e-cigarettes, using online forum discussions
Emily Johnston

A Survey on Drinking Alcohol for Parents of Infants and Pregnant Mothers in Japan
Kazuko Eto

CORRELATES OF QUALITY OF LIFE IN PEDIATRIC CANCER SURVIVORS
Maja Sedmak

Multi-modal program evaluation for pediatric brain tumor survivors and their families.
Karsenti Lucille

Exploring cross-condition experiences of caring for a child with appearance-altering conditions or injuries.
Maia Thornton

3.2 Self-regulation and health-related behaviors

Chair: Valerie Morrison

Room: Business Centre, Valamar Lacroma Hotel

Psychological needs satisfaction moderates the relationship between BMI and body dissatisfaction in children.
Ian Taylor

Uptake of planning as a self-regulation strategy: Adolescents' reasons for (not) planning physical activity
Elina Renko

Understanding vocational students' motivation for physical activity and eating behaviours
Gitte Kloek

A Test of the Temporal Order of Self-Regulatory Processes
Daniel Brown

Self-determination, happiness and somatic health
Ivana Marčinko

14.2 Implementation and health services research: Screening and clinical practice

Chair: Susan Carroll

Room: Business Centre, Valamar Lacroma Hotel

Implementing a psychosocial screener in an outpatient burn clinic
Desireé Williford

Combining theory and usability testing to inform optimization of a primary care depression management tool
Nicola McCleary

Exploring the benefits of co-production for health professional behaviour change in mental health nursing handovers
Natasha Tyler

Therapists' perceptions of barriers and facilitators to uptake and engagement with therapy in Long-Term Conditions
Susan Carroll

Process evaluation of a behaviour change approach to improving clinical practice for detecting hereditary cancer
Natalie Taylor

14.3 Implementation and health services research: Children, parents and providers

Chair: Zuzana Dankulincova Veselska

Room: Business Centre, Valamar Lacroma Hotel

Adolescents without problems but involved in care system: how do parental characteristics relate to this?
Katerina Paclikova

"An Adventure at the Hospital - The surgery's Day"
Sara Fernandes

PREDICTORS OF PARENTAL SATISFACTION WITH HEALTHCARE IN PEDIATRIC HOSPITAL SETTING
Marina Grubić

Barriers and facilitators to midwives' health promotion practice behaviours: Theoretical Domains Framework based survey
Pamela Rackow

TITLE: FROM INQUIRY TO CHILD MALTREATMENT POLICY- LESSON LEARNT
Dimitrinka Jordanova Peshevska

15.3 Digital solutions and youth health

Chair: Lucrezia Ferrante

Room: Business Centre, Valamar Lacroma Hotel

Adolescents' perceptions towards using a health promotion app: preferences, context and motivation
Carmen Peuters

Piloting a novel online international learning project on employability for postgraduate health psychology students.
Carol Percy

The role of positive and negative emotions on risky adolescents' photo self-disclosure on SNS
Kristina Žardeckaitė-Matulaitienė

Assessing the feasibility of a novel app-delivered stress management intervention for distance-learning students in Germany
Lara Fritsche

Potential predictors of physical activity in young adults: a preliminary accelerometer-based study
Kamila Czepczor-Bernat

The effect of young adults' food-related Instagram use on their fruit & vegetable intake
Michael Kilb

16.2 Occupational stress and helping professions

Chair: Taru Feldt

Room: Business Centre, Valamar Lacroma Hotel

Occupational well-being of mental health care providers: are occupation, tenure and stigmatization the risk factors?
Aukse Endriulaitiene

Relationships between humour styles and chronic fatigue in Polish teachers
Agnieszka Kruczek

Tendency to risk, job satisfaction, work experience and the professional burnout among police officers.
Patrycja Stawiarska

Emotional exhaustion among German health care workers – A focus on resources
Lara Lindert

THE ASSOCIATIONS OF RECOVERY EXPERIENCES WITH WELLBEING AT WORK AND HEALTH IN TEACHERS
Taina Hintsa

Professional stressors, emotional dissonance and burnout among midwives: the moderating effect of compassion satisfaction.
Didier Truchot

20.2 Methodology: nuanced understanding and new insights

Chair: Jo Brooks

Room: Business Centre, Valamar Lacroma Hotel

The Generation suffering related items: a process integrating consensus experts and Sorensen's similarity analysis
Michèle BAUMANN

Sensitivity and Specificity of Screening Tools for Cancer Related Symptoms
Jennifer Steel

Predictors of recruitment and attrition in randomised controlled trials of smoking cessation: meta-regression analyses.
Marijn de Bruin

Learning from a wait-list controlled feasibility trial of mindfulness for people experiencing late-effects of cancer
Jo Brooks

Characterising cancer survivors who were interested in participating in a trial of a lifestyle intervention
Phillippa Lally

Creating ontologies relevant to behaviour change: Development and refinement of a novel method
Alison Wright

An international, Delphi consensus study to identify priorities for methodological research in behavioural trials
Molly Byrne

21.2 Rapid Communication: Pain and chronic conditions

Chair: Lauren Kelada

Room: Elafiti 4, Valamar Lacroma Dubrovnik

Personalised interventions promoting health-related behaviour changes: A transdisciplinary approach to prevent or mitigate chronic diseases

Vanessa Feck

Attentional engagement to pain-related information among chronic pain patients: Comparison between linguistic and visual stimulus

Jieun Lee

Pain, fatigue, and fear of cancer recurrence among adult survivors of childhood cancer

Lauren Kelada

Negotiating good parenthood in relation to children with chronic kidney disease.

Andrea Bruno de Sousa

Can't touch this! Exposure and reappraisal reduce sexual and contamination disgust-based avoidance in physical health

Nathan Consedine

17:00 - 18:00 Keynote Lecture: Antonia Lyons

Chair: TBD

Room: Elafiti, Valamar Lacroma Dubrovnik

Theorising contemporary youth drinking cultures: Social media and embodied neoliberalism

20:00 - 22:30 Conference Dinner

Room: Elafiti Plateau, Valamar Lacroma Dubrovnik

Friday, 06 Sep

9:30 - 11:00 Parallel Sessions

ORAL: Transitions, adversity and inequalities

Chair: Irina Todorova

Room: Elafiti 1, Valamar Lacroma Dubrovnik

- 9:30 Depressive Psychopathology in Black & Minority Ethnic Gay, Lesbian and Bisexual People in the UK
RUSI JASPAL
- 9:45 Immigration, acculturation and disordered eating: a study of Georgian immigrants
Ia Shekrladze
- 10:00 Health behaviours related to obesity in refugee children: a qualitative and quantitative systematic review
Maha Alsubhi
- 10:15 From Perceived to Internalized Stigma: Comparing Models to Predict Physical Activity.
Ahuitz Rojas-Sánchez
- 10:30 Understanding traditional and modern eating: The TEP10 framework
Gudrun Sproesser
- 10:45 Building resiliency: Experiences of physical activity treatment among trauma afflicted refugees
Henrik Nilsson

STATE OF THE ART: Expanding understandings and developing novel approaches in health psychology

Chair: TBD

Room: Elafiti 2, Valamar Lacroma Dubrovnik

- 9:30 A step-change in the design, reporting, and synthesis of behavioural trials: Addressing control group variability
Marijn de Bruin
- 10:15 Systematic review and synthesis of physical and mental health multimorbidity: Discrete categories or continua?
Lucy Busija
- 10:30 The Multiple Food Test: A new tool to measure food choices and applied nutrition knowledge
Mike Schreiber
- 10:45 A new item bank for screening and assessing alcohol use and problems in adolescents
Paul Toner

ROUNDTABLE: Understanding non-reflective behaviour in healthcare professionals to advance implementation research

Chair: Dominika Kwasnicka and Sebastian Potthoff

Room: Elafiti 3, Valamar Lacroma Dubrovnik

- 9:30 Understanding non-reflective behaviour in healthcare professionals to advance implementation research

ORAL: Nudging and automaticity

Chair: Frank Eves

Room: Olipa 4, Valamar Collection Dubrovnik President

- 9:30 Default-name and tasting nudge increase salsify soup choice
Olivier Luminet
- 9:45 Impact of glass shape on drinking behaviours: a replication study exploring mechanisms
Tess Langfield

- 10:00 Habit based RCT to reduce sugar sweetened beverage consumption: The impact of the substituted beverage
Gaby Judah
- 10:15 The working memory account of persuasion: Inducing eye movements influences persuasive outcomes.
Arie Dijkstra
- 10:30 Preventing sedentary behavior: An intervention mapping approach for data-driven mhealth consulting
Nathalie Berninger
- 10:45 Lift this way; implicit effects of signage on avoidance of stair climbing.
Frank Eves

ORAL: Well-being and quality of life during life transition periods

Chair: Christel Salewski

Room: Karaka, Valamar Argosy

- 9:30 Personality traits and time perspectives: implications for adolescents' well-being
Loredana Diaconu-Gherasim
- 9:45 EXAMINATION OF DISPOSITIONAL FORGIVENESS ON MENTAL HEALTH OUTCOMES IN GREEK-CYPRIO UNIVERSITY STUDENTS
Photini Panayiotou
- 10:00 Orientations to well-being and the good life: beliefs about well-being among young Italian adults.
Matilde Nicolotti
- 10:15 Some Determinants of Quality of Life of Pregnant Women
Eva Andela Delale
- 10:30 Optimism and well-being in old age: Mixed results from three German samples
Christel Salewski
- 10:45 The relationship between psychosocial working conditions and depression over time: Disentangling within- and between-person effects
Hannes Mayerl

ORAL: Positive psychology: The influences of positivity on health

Chair: Peter Harris

Room: Olipa 1, Valamar Collection Dubrovnik President

- 9:30 "I HAVE to stay positive": Understanding Optimistic Bias in Hypothetical End-of-Life Medical Decisions
Sugandha Gupta
- 9:45 Laboratory induced positive and negative mood and delay of gratification on sweet-food-choice.
Stella Mearns
- 10:00 Spontaneous self-affirmation as a positive predictor of responses to health-risk information
Peter Harris
- 10:15 Profiles of job-related affect: their relationship with emotion-focused coping from a temporal perspective
Beata Basinska
- 10:30 The correlates of physical literacy and resilience in children and youth
Philip Jefferies
- 10:45 Connectedness of nature and resilient personality
Zsuzsanna Kövi

SYMPOSIUM: Daily health behaviour in close relationships

Chair: Mariët Hagedoorn

Room: Galijun, Valamar Argosy

- 9:30 The effect of dyadic planning to quit smoking in single-smoking couples: a randomized controlled trial
Anne Buitenhuis
- 9:45 Better together? Daily companionship, support, and control in couples facing health behavior change
Gertraud (Turu) Stadler
- 10:00 Longitudinal Correlates of Physical Activity Synchrony in Older Couples
Theresa Pauly

- 10:15 Physical Activity Synchrony in Couples Following a Dyadic Planning Intervention
Jan Keller
- 10:30 Interplay of intra- and interpersonal emotion regulation for daily adjustment in couples: rumination and disclosure
Andrea B. Horn
- 10:45 Discussion
Mariët Hagedoorn
- 11:00 - 11:30 Coffee Break
- 11:30 - 13:00 Parallel Sessions
- SYMPOSIUM: Measuring the content validity of psychological constructs and health outcome measures
Chair: Diane Dixon
Room: Elafiti 1, Valamar Lacroma Dubrovnik
- 11:30 Why do we need good content validity? An introduction to discriminant content validity
Marie Johnston
- 11:45 Catastrophizing about pain: what's in a name?
Annick De Paepe
- 12:00 Measuring outcome in back pain: Using existing instruments to measure ICF defined outcomes
Diane Dixon
- 12:15 Assessing content validity of a brief video intervention using discriminant content validity methodology.
Carin Schroder
- 12:30 Activity: Content validity of measures of fatigue
Marie Johnston & Diane Dixon
- 12:45 Discussion
Sam Norton
- STATE OF THE ART: Caregiving in demanding times
Chair: Rachel Dekel
Room: Elafiti 2, Valamar Lacroma Dubrovnik
- 11:30 Well-being of military members' spouses: The role of members' health problems
Alla Skomorovsky
- 12:15 Profiles of caregivers most at risk of having unmet supportive care needs in oncology
Anne-Sophie Baudry
- 12:30 Goals and conflicts of informal caregivers of patients in the palliative phase
Anne Looijmans
- 12:45 Fear of illness progression and cardiac- disease- induced – PTSD (CDI-PTSD): A prospective dyadic study
Noa Vilchinsky
- SYMPOSIUM: Tailoring digital health interventions: different strategies, different effects
Chair: Eline Smit
Room: Elafiti 3, Valamar Lacroma Dubrovnik
- 11:30 A Smoker's Choice? Identifying the most autonomy-supportive message frame in online computer-tailored smoking cessation communication
Maria Altendorf
- 11:45 Text, images, video? Tailoring the modality of presentation in online health information for older patients
Minh Hao Nguyen
- 12:00 Customizable digital environments: can customization in mobile apps support physical activity?
Nadine Bol
- 12:15 Quality assessment of artificial intelligence to tailor a digital health intervention for smoking cessation.
Santiago Hors-Fraile

- 12:30 A systematic review of tailored eHealth interventions for weight loss: a focus on tailoring methodology
Kathleen Ryan
- 12:45 Discussion
Eline Smit
- ORAL: Communication involving health care professionals
Chair: Wendy Lawrence
Room: Olipa 4, Valamar Collection Dubrovnik President
- 11:30 “I grew in confidence”: The health-care and communication experience for parents of children with cancer
Julia Baenziger
- 11:45 Barriers and enablers to healthcare professionals providing behaviour change interventions: Systematic review of systematic reviews
Chris Keyworth
- 12:00 Exploring shared understanding between patient and prosthetist following limb loss using Interpretative Phenomenological Analysis.
Clare Uytman
- 12:15 Getting mad or bearing the burden?: Physicians’ gendered representations of women with pre-menstrual symptoms
Rita Moraes
- 12:30 Effectiveness of a Virtual Motivational Interviewing Training for Medical Students: Differentiating between pre- and then-testing
Anne Marie Plass
- 12:45 Healthy Conversation Skills training to “Make Every Contact Count” in Hounslow, London, UK
Wendy Lawrence
- SYMPOSIUM: Current challenges in blood and organ donation
Chair: Ronan O’Carroll
Room: Karaka, Valamar Argosy
- 11:30 Organ donation - health impact, prevalence, correlates and interventions.
Ronan O’Carroll
- 11:45 Assessing medical mistrust in organ donation across countries: what does item response theory tell us?
Frank Doyle
- 12:00 “The state has no right to assume consent”: a qualitative study of organ donation decisions.
Jordan Miller
- 12:15 Who gives? Blood, plasma and stem cell donation willingness in Europe
Eva-Maria Merz
- 12:30 The relation between anticipatory emotion and donor return
Anne van Dongen
- 12:45 Discussion
Ronan O’Carroll
- ORAL: Health inequalities and sustainable consumption
Chair: Jennifer Inauen
Room: Olipa 1, Valamar Collection Dubrovnik President
- 11:30 Understanding the Social Gradient in Health and Wellbeing: An Interdisciplinary Scoping Study
Michèle Bal
- 11:45 How to eat healthy and save the planet: development and evaluation of an evidence-based app
Vanessa Feck
- 12:00 FROOD - Framing Food: Promotion- versus Prevention-framed Affective Messages to Increase Vegetable Consumption
Andela Jelić
- 12:15 Community Action to Cope with Food Insecurity in a Syrian Refugee Settlement: A Qualitative Study
Vera Araújo-Soares

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| 12:30 | Using the United Nations Sustainable Development Goals in University Courses to Address Global Health Inequalities <i>Mala Matacin</i> |
| 12:45 | Discussion <i>John de Wit</i> |
| | <u>ROUNDTABLE: Brief intervention programmes for chronic disease prevention: Health psychology's contribution to implementation and evaluation</u> Chair: Patrick Murphy Room: Galijun, Valamar Argosy |
| 11:30 | Brief intervention programmes for chronic disease prevention: Health psychology's contribution to implementation and evaluation |
| 13:00 - 14:00 | Lunch |
| 14:00 - 15:30 | Parallel Sessions |
| | <u>ORAL: Influences on risk perception, communication and understanding</u> Chair: Britta Renner Room: Elafiti 1, Valamar Lacroma Dubrovnik |
| 14:00 | Does the inclusion of images in patient educational material improve the understanding of an illness? <i>Alina Krasnoryadtseva</i> |
| 14:15 | Can fact boxes support informed vaccination decisions? <i>Lisa Steinmeyer</i> |
| 14:30 | The echo in flu-vaccine echo chambers: Selective attention trumps social influence <i>Helge Giese</i> |
| 14:45 | Closing the risk perception gap: Perceived microlives as an integrative measure of perceived risk <i>Britta Renner</i> |
| 15:00 | Identifying research priorities for electronic cigarettes: A James Lind Alliance Priority Setting Partnership <i>Abby Hunter</i> |
| 15:15 | Communication with parents in Neonatal Intensive Care Units: relations to the parental distress <i>Mirna Kostović Srzentić</i> |
| | <u>ORAL: Understanding risk behaviours</u> Chair: Eva Kemps Room: Elafiti 2, Valamar Lacroma Dubrovnik |
| 14:00 | Students' risky sexual behaviours – implications for the battle against HIV epidemic in South Africa <i>Maboe Mokgobi</i> |
| 14:15 | Hazardous drinking and social and outcome expectancies <i>Anise M.S. Wu</i> |
| 14:30 | Predictors of e-cigarette use in secondary school children: employing the theory of planned behaviour. <i>Liz Simpson</i> |
| 14:45 | Using the TPB to identify predictors of e-cigarette use among parents of secondary school children. <i>Julie Doherty</i> |
| 15:00 | Using temporal self-regulation theory to predict two consumption behaviours: Sugar sweetened beverage and alcohol consumption <i>Barbara Mullan</i> |
| 15:15 | Sexual self-regulation: Control motivation and capacity among men who have sex with men <i>Chantal den Daas</i> |
| | <u>ROUNDTABLE: The future of Health Psychology: A movement towards societal visibility, global consensus, and international mobility</u> Chair: Anne Marie Plass Room: Elafiti 3, Valamar Lacroma Dubrovnik |

14:00 The Future of Health Psychology: A Movement Towards Societal Visibility, Global Consensus, and International Mobility

SYMPOSIUM: Increasing informed uptake of bowel cancer screening: from understanding determinants to testing interventions

Chair: Katie Robb

Room: Olipa 4, Valamar Collection Dubrovnik President

14:00 Different emotions predict the avoidance of different types of bowel screening behaviours
Nathan Consedine

14:15 Autonomous and informed decision-making in real life: The case of colorectal cancer screening
Linda N Douma

14:30 Identifying barriers and solutions to self-completed FIT bowel screening to develop a volitional help-sheet
Marie Kotzur

14:45 Cluster randomised controlled trial of volitional and motivational interventions to improve bowel cancer screening uptake
Sarah Wilding

15:00 Next steps for health psychology research in bowel (colorectal) cancer screening: Facing the challenge
Lesley McGregor

15:15 Discussion
Ronan O'Carroll

ORAL: Diabetes and physical activity

Chair: Dominika Kwasnicka

Room: Karaka, Valamar Argosy

14:00 The diversity of diabetes-related self-monitoring and problem-solving practices across health literacy levels: A qualitative study
Julie Ayre

14:15 Behavioural intervention to increase physical activity in adults with type 2 diabetes: A pilot RCT
Leah Avery

14:30 A weight loss programme in Australian Football League settings, Aussie-FIT: a pilot randomised controlled trial.
Dominika Kwasnicka

14:45 Stage- and activity-specific effects on predictors of behavior change in a 10-week web-based intervention trial
Tiara Ratz

15:00 How do participants engage with the Let's Move It intervention? Thematic analysis of adolescents' interviews
Minttu Palsola

15:15 Exploring service-users' perspectives on the implementation of goal-setting in type-1 diabetes self-management education and care.
Milou Fredrix

ORAL: Social factors and quality of life

Chair: Jasminka Despot Lucanin

Room: Olipa 1, Valamar Collection Dubrovnik President

14:00 The wellbeing and competence of mothers in relation to the grandparents' help
Jasminka Despot Lucanin

14:15 Quality of life and moderate-to-vigorous physical activity in patient-partner dyads
Ernest Swora

14:30 The relation between overweight, weight-stigma, and well-being: A meta-analysis
Christine Emmer

14:45 The impact of PrEP use on the sexual well-being of men having sex with men
Udi Davidovich

15:00 Loneliness, social integration, social support and psychological pathways in medical rehabilitation patients over 17 months
Sonia Lippke

15:15 Trajectories of quality of life and social support among people with HIV: examining gender paradox
Ewa Gruszczynska

ORAL: Interventions in clinical health care

Chair: Fabiana Lorencatto

Room: Galijun, Valamar Argosy

14:00 Building Optimised Outpatient Services in Transfusion: A focus group study informed by patients' perceptions
Brittannia Volkmer

14:15 Improving antibiotic prescribing in long-term care facilities: Review of behaviour change strategies in stewardship interventions
Elise Crayton

14:30 A theory-based investigation of barriers and enablers to antimicrobial stewardship in UK primary care
Gillian Forbes

14:45 Specifying the behavioural components of interventions to improve antimicrobial use in hospital settings
Niall Charles Anderson

15:00 Electronic behavior change records: a novel platform to guide and record interventions in usual care
Ana-Maria SCHWEITZER

15:15 Do interventions target key influences? A behavioural analysis of interventions to limit catheter-associated urinary tract infections
Fabiana Lorencatto

ORAL: Physical activity, food intake and healthy sleep in families

Chair: Adriana Baban

Room: Asimon, Valamar Lacroma Dubrovnik

14:00 Effect of Family Physical Activity Planning on Child Physical Activity and Fitness: A Randomized Trial
Ryan Rhodes

14:15 Parental neophobia's indirect effects on child's food intake and physical activity – longitudinal dyadic studies
Karolina Zarychta

14:30 Associations between trends in Romanian adolescents' overweight/obesity with individual physical activity, screen habits and SES
Diana Taut

14:45 The impact of weight teasing, weight bias on quality-of-life and distress in youth with Obesity
Konstadina Griva

15:00 Can physical activity support young people after the death of a parent? The BABYSTEPs project
Angel Chater

15:15 The development of a healthy sleep intervention for children aged 6-9 years.
Laura Belmon

15:30 - 17:00 Poster Sessions

1.5 Predicting physical activity and sedentary behaviour

Chair: Chris Noone

Room: Business Centre, Valamar Lacroma Hotel

Longitudinal associations between dyadic, individual, and collaborative plans: sedentary adult—partner dyads
Ewa Kulis

Does the Theory of Planned Behaviour Predict Sedentarism in University Students? An Observational N-of-1 Study
Chris Noone

Promoting exercise: the theory of planned behavior and social appearance anxiety in exercise intentions
Celia Naivar Sen

Associations between sedentary behaviors and intentions to increase energy expenditure: systematic review
Zofia Szczuka

Factors Influencing Istanbulites Intention for Being Physically Active Outdoors
Seray Çağla Keleş

Exploring the psychological determinants of adherence to beginner running programmes: a 10-week diary study
Clare Stevinson

Exploring the predictors for older adults' intention to engage in the Lifestyle-integrated Functional Exercise programme
Sarah Labudek

2.5 Behavior change interventions for prevention

Chair: Felix Naughton

Room: Business Centre, Valamar Lacroma Hotel

Altering the availability and position of products within physical micro-environments: A conceptual review and framework
Rachel Pechey

The impact of health warning labels on alcohol selection: two online experimental studies
Natasha Clarke

Prescribing laughter to increase well-being: An exploratory mixed methods feasibility study of the Laughie
Gulcan Garip

The TPB constructs as mediators between smoking home environments and efficacy of a cessation program
Jérôme Blondé

A coaching approach at workplace to change health related behaviours
Paulo Vitória

6.4 Understanding chronic conditions and improving outcomes session

Room: Business Centre, Valamar Lacroma Hotel

TAFFI Kids Group (Therapy, Art, Friendship and Flourishing in Illness): a randomized controlled trial
Aimee O'Neill

Psychosocial aspects in adults with congenital heart disease: from the pre-surgical/intervention phase to cardiac rehabilitation
Edward Callus

Evaluating online and in-person psychotherapeutic interventions for chronic pain: a systematic review and network meta-analysis.
Jack Flynn

Efficacy of a cognitive-behavioral intervention for children with functional abdominal pain: A randomized controlled trial
Petra Warschburger

Can inulin help in weight reduction: results from a clinical trial
Maria Mulders

7.4 Stress management and support interventions

Chair: Elke Vlemincx

Room: Business Centre, Valamar Lacroma Hotel

Relaxation effects of paced slow breathing
Elke Vlemincx

Psychometric Properties of a Brief Version of the Implicit Positive and Negative Affect Test (brief-IPANAT)
Gina Hernandez

Are self-reported and objectively monitored physical activity and sedentary behavior related to mental distress?
Laia Briones-Buixassa

CareKnowDo: A pilot Randomized Controlled Trial of multichannel support for people with Chronic Kidney Disease
Jonathan Reston

Optimising psychological support in cancer prehabilitation
Judit Varkonyi-Sepp

9.5. Family support during health and social challenges

Chair: Diana Taut

Room: Business Centre, Valamar Lacroma Hotel

Stress, control and support: Comparing mothers of children under 2 in the UK and Finland
Vivien Swanson

Preschool children: Greek parents' knowledge and attitudes on sexuality education
Vasiliki Brouskeli

Early exposure to cardiac treatment and distress among patients and their spouses
Talea Cornelius

The family experience of living with coeliac disease: a qualitative study
Samantha Goodliffe

Psychological adjustment of children and their gay/bisexual fathers: A systematic review
Francis Anne Teplitzky Carneiro

The role of spouses in the smoking behaviour of Indonesian male smokers
Tyas Ayuningtyas

Improved Nutrition Preconception Pregnancy Post-Delivery (INPreP3) in sub-Saharan Africa (SSA)
Daniella Watson

10.2 Psychosocial correlates of quality of life

Chair: Eva Henschke

Room: Business Centre, Valamar Lacroma Hotel

Heartwarming memory recollection effects on mood and mental health
Akio Honda

Personal qualities of women with different levels of life satisfaction
Galina Kozhukhar

Self-love actualized: A new conceptualization of a misunderstood construct
Eva Henschke

Relationship between Self-Compassion and Subjective Health, and the Mediating Effect of Strengths
Satoru Ishikawa

RELATIONSHIP BETWEEN SELF-RATED HEALTH AND PSYCHO-SOCIAL ADJUSTMENT INDICATORS
Nijole Gostautaitė Midttun

Quality of life as the key prerequisite of the individual's psychological health.
Eleonora Nosenko

Association of healthy lifestyle factors with mental health indicators among adolescents of different family affluence
Laura Maenhout

11.2 Physical and cognitive health in older age

Chair: Kevin McKee

Room: Business Centre, Valamar Lacroma Hotel

Pre-frail or frail status, healthy eating, and exercise behaviors among older adults in Japan
Koji Yamatsu

Relationships between cognitive function and physical function in middle-aged and older adults
Akihiko Iwahara

Self-restraint from driving as a moderator between cognitive functions and hazard perception in older drivers
Aukse Endriulaitiene

Quick test for age-related cognitive decline detection in the health examination
Takeshi Hatta

Meta-analysis of longitudinal risk factors for loneliness among older adults
Kevin McKee

Children in an ageing world: Exploring views on ageing and old people in Romanian children
Irina Catrinel Craciun

Anxiety, Depression and Quality of Life in Postmenopausal Women
Gabriella Martino

4.5 Individual differences and health of young people

Chair: Konstantin Schenkel

Room: Business Centre, Valamar Lacroma Hotel

The impact of social jetlag on mental health in young people: A systematic review
Noelle Robertson

Gender differences in perceptions about preconception care in Korean adolescents
Hae Won Kim

High sensory-processing sensitivity predicts dichotomous thinking in Japanese university students
Kosuke Yano

HOSPITAL-RELATED FEARS OF CHILDREN WITH EPILEPSY
Youri Ianakiev

PHYSICAL ACTIVITY AND DEPRESSION IN ADOLESCENCE. RELATIONSHIPS THROUGH THE DARK TRIAD OF PERSONALITY
Juan González Hernández

The interplay among competitiveness, gaming perfectionism, and norm on IGD among Chinese middle school students
Shu Yu

Time perspective and mental health: how individual profiles are related to anxiety, depression and coping?
Héline Kaya Lefèvre

7.3 Coping and emotion regulation

Chair: Cristina Camilo

Room: Business Centre, Valamar Lacroma Hotel

Connection between the EEG fluctuations and HRV in healthy and heart transplanted individuals
János Körmendi

You're always in my thoughts: Cardiovascular stress-buffering effects of thinking about social relationships when alone
Jennifer Lay

Psychological assessment and treatment expectations in cancer patients admitted for their first chemotherapy treatment
Maria Loizou, MSc

Temperamental factors determining flexible coping with stress in adolescents
Agnieszka Kruczek

THE RELATIONSHIP BETWEEN PERCEIVED STRESS AND EMOTIONAL EATING: THE ROLE OF EMOTION FOCUSED COPING
Nergis Hazal Yilmazturk

Predictive role of personal resources for flexibility in coping with stress in alcohol use disorder
Agata Borzyszkowska

8.1 Psychosocial predictors and correlates of chronic pain adjustment

Chair: María-Ángeles Pastor-Mira

Room: Business Centre, Valamar Lacroma Hotel

Associations between clinical variables and psychological symptoms in rheumatoid arthritis: a network science perspective
Hsiu Yen Tung

Understanding Vulvodynia: a systematic review of psychosocial factors associated with pain and sexual function

Claudia Chisari

Psychosocial factors associated with pain in inflammatory bowel disease: a cross-sectional study

Rona Moss-Morris

Physical activity profiles related to achievement goals in women with fibromyalgia

Fermin Martinez-Zaragoza

Preference for pain avoidance goals, positive affect, activity patterns, and fibromyalgia impact

María-Ángeles Pastor-Mira

9.6 Eating and activity behaviours: Interventions to address childhood obesity

Chair: Ryan Rhodes

Room: Business Centre, Valamar Lacroma Hotel

Parental Support of the Canadian 24-Hour Movement Guidelines for Children and Youth: Prevalence and Correlates

Ryan Rhodes

Can food-specific inhibition training make energy-dense snacks less appealing to children?

Lucy Porter

The association of selected risk factors with overweight among adolescents

Daniela Husarova

Lack of sleep mediates association between energy drinks consumption and emotional and behavioural problems

Zuzana Dankulincova Veselska

Parental strategies for weight loss in overweight children

Helena Arriscado

Prerequisites for participation in health promotion programmes: Lessons learned from the Dutch FAMILY project

Sanne van Lieshout

Collaboration with health professionals as a principle to promote group intervention with teenagers

DOMITILA SHIZUE KAWAKAMI GONZAGA

10.3 Structures and practices related to quality of life

Chair: Zsuzsanna Szabolcs

Room: Business Centre, Valamar Lacroma Hotel

Meaningful activity as a preventive strategy for mental health problem

Koji Takenaka

Psychological correlates of regular aikido practice: mindfulness, self-compassion, spirituality, body-awareness, and well-being

Zsuzsanna Szabolcs

Relationships among shared mealtimes quality, self-esteem, and mental health

Shunsuke Kimura

Acute and long-term effects of hatha yoga practice on subjective well-being

Barbara Csala

The connection of the quality of speech with well-being

Elena Nikolaeva

Chronotype and mental health

Zsuzsanna Kövi

3.3 Adjustment to health challenges

Chair: Efrat Neter

Room: Business Centre, Valamar Lacroma Hotel

Women's beliefs on antimicrobial resistance (AMR) and urinary tract infections (UTIs) during pregnancy

Flavia Ghouri

Osteoporosis, perception of disease and compliance : presentation of a thesis work design.
Laura Lepage

Illness perceptions and treatment adherence among emerging adults with asthma: Bringing in a developmental perspective
Caroline F. Zimmermann

Adherence in people living with HIV: effects of illness perception, resilience, sociodemographic and clinical variables.
Eliane Seidl

"Do my patients lie to me? Understanding non-compliance in adults with sickle-cell disease."
Damien Oudin

Illness perception: a comparative study of illness representation
Gaëlle BONGEOT

Predictors of Sexually Transmitted Infections (STIs) among Users of HIV Counselling and Early Detection Centres
Eleonora C. V. Costa

5.4 Coping with chronic illness

Chair: Mariet Hagedoorn

Room: Business Centre, Valamar Lacroma Hotel

Coping with disease in psychotherapeutic patients
Melanie Jagla

Life after bariatric surgery: psychosocial and behavioural characteristics and their effect on weight and well-being.
Johanna Pyykkö

Suicidal ideation and its association with coping self-efficacy in patients with obstructive sleep apnoea
Vladimira Timkova

Toward further understanding of IBD-related fatigue: the role of emotional processing.
Marie-Claire GAY

Exploring suicidal ideation, emotion regulation, and non-suicidal self-injury in women with Polycystic Ovary Syndrome.
Dean Fido

Socio-demographic correlates of skin complaints: The constellation is what matters.
Hanna Reich

12.3 The role of social relationships for mental and physical health

Chair: Jennifer Lay

Room: Business Centre, Valamar Lacroma Hotel

Costs of social support and psychological distress: Systematic review using the Contextual Illness Support Scale
Lea Wilhelm

Implementing a social network intervention for loneliness in a community setting: the PALS study
Rebecca Band

Equine-human bond and mental health
Almirena Elekes

Suicidal ideation, fatigue, sleep quality and social support in people with multiple sclerosis
Pavol Mikula

Facets of social control as predictors of physical activity in patient-partner dyads
Karolina Lobczowska

14.5 Implementation and health services research: Health care professionals and relationships with patients

Chair: Nicola McCleary

Room: Business Centre, Valamar Lacroma Hotel

Identifying determinants of healthcare professional behaviour using the Theoretical Domains Framework: a systematic scoping review
Nicola McCleary

Compassionate and patient-centred values in adult nursing students: the influence of clinical practice experience
Johanna Groothuizen

Application of a theoretical framework to assess acceptability in a process evaluation: a mixed-methods study
Mandeep Sekhon

LEGAL, OCCUPATIONAL HEALTH AND PSYCHOLOGICAL PROBLEMS IN PATIENTS WITH BONE MARROW TRANSPLANTATION
Alexander Georgiev

Resources and Competences required at the Institutional Level for a Patient – Healthcare Professional Partnership
Angela Otero

Importance of individual factors for the trust in health care: the case of Lithuanian emigrants
Kristina Žardeckaitė-Matulaitienė

Self and other dehumanization in health-related contexts: Taking stock and looking forward.
Sónia Bernardes

“I went to four GPs before finding help”: Young transgender people’s experiences with primary-care services
Lorraine McDonagh

15.4 mHealth and chronic conditions

Chair: Katerina Kassavou

Room: Business Centre, Valamar Lacroma Hotel

A preliminary review of m-health intervention studies for hypertension
Ryo Yoshida

Self-reported responsibility level towards health – does it change after introduction of mHealth platform?
Ivana Benković

Personalised goals via mHealth technology to increase physical activity in cancer survivors: Moving On Study.
Jane Walsh

myHT: Development of an app to improve adherence to hormonal therapy for breast cancer survivors
Lyndsay Hughes

A very brief face-to-face intervention, followed by a text message or app. PAM pre-testing study.
Katerina Kassavou

Patient and practitioner views on a digital intervention supporting medication adherence in patients with hypertension
Miranda Van Emmenis

Promoting healthy adjustment following major surgery: Evaluation of iCanCope PostOp smartphone application.
Prof. Brian McGuire

Using a mobile app for experienced based sampling in cancer survivors: methodological lessons learned.
Nikolett Warner

15.5 Social media, intelligent systems and health

Chair: Lorenza Entilli

Room: Business Centre, Valamar Lacroma Hotel

Manipulating Neural Coupling to Enhance the Propagation of Health Information on Social Media
Mia Jovanova

Illness experience and attitude toward medication in online communities for people with fibromyalgia
Sabrina Cipolletta

Live-chat support for people bereaved by suicide: a content analysis.
Lorenza Entilli

Getting close to digital humans: the effect of multimodal emotional expression during self-disclosure
Kate Loveys

Smartphone-Based Intelligent System: Using AI and Motion Sensors for Real-Time Intervention During Heavy Drinking Events
Danielle Madden

Assessing acceptability and feasibility of a theory-based digital lifestyle intervention for adults with prediabetes.
Kirsten Ashley

16.3 Occupational health: Psycho-social and policy issues.

Chair: Marie Johnston

Room: Business Centre, Valamar Lacroma Hotel

Work after cancer? The needs and motivations of cancer patients in relation to work resumption
Adela Elena Popa

Motives, considerations and work-related factors associated with (non-)disclosure of a chronic health condition at work
Jana Felicitas Bauer

Employees' well-being and work-family interaction in relation to family support sources
Maša Tonković Grabovac

Occupational well-being of software developers working in international teams: the role of personality traits
Lina Cirtautiene

Managing Stressors Associated with Double-Life Professional Identities for Undercover Law Enforcement and Intelligence Professionals.
Casey Skvorc

16.4 Stress and health in organizational contexts

Chair: Amelia Hollywood

Room: Business Centre, Valamar Lacroma Hotel

Working in a prison: Does occupation matters when planning stress intervention programs?
Katarzyna Orlak

Work-related stress severity and assessment of worklife areas in three occupation groups
Agata Chudzicka-Czupala

Flexible Work Arrangements and Workplace Well-Being in the Canadian Military
David Scholtz

Resilience as a predictor of the work related patterns of behaviour among firefighters
Małgorzata A. Basińska

Illness representation of dementia and job satisfaction in professionals of nursing homes
Sofía López-Roig

A new survey tool characterising European community health workers supporting 'men having sex with men'
Jörg Huber

17.3 Health literacy, communication and information

Chair: Radomír Masaryk

Room: Business Centre, Valamar Lacroma Hotel

Musicians' health literacy: a cross-sectional UK study
Raluca Matei

The Gresham's Law in Health Communication: When conspiracy theories drive out scientific information in uncertainty
Cyrus Lap Kwan Leung

Discernment in health related news stories: qualitative analysis of themes in focus groups
Radomír Masaryk

Reducing the transmission risk of antimicrobial resistant germs: Swiss peoples' awareness of exposure pathways
Claudia Freivogel

Health psychology in musicians' training: qualitative programme evaluation
Raluca Matei

18.2 Gender and wellbeing

Chair: Yael Benyamini

Room: Business Centre, Valamar Lacroma Hotel

#MeToo: Meanings and mobilisations for young people's negotiation of sexual harassment
Sue Jackson

Making sense of depression: Representations of depression in the Greek-Cypriot public.
Maria Orphanidou

Gender stereotypical images of medical students towards women with pre-menstrual symptoms: An experimental study
Rita Morais

Mental health disorders of traditionally circumcised males in the Eastern Cape Province of South Africa.
Anam Nyembezi

Couples' mental health in the perinatal period: a longitudinal study
Ana Camarinho

20.1 Rapid Communication Symposium: Understanding intervention effectiveness: analysing potential for change, improving intervention reporting, and using machine-readable decision justifications

Chair: Gjalt-Jorn Peters and Neža Javornik; Discussant: Alexandra Dima

Room: Elafiti 4, Valamar Lacroma Dubrovnik

Potential for change (PΔ): New metrics for tailoring and predicting response to behavior change interventions
Keegan Knittle

Which treatment-as-usual characteristics need to be reported? A narrative review of content and contextual treatment-as-usual characteristics
Neža Javornik

Development of an ontology characterising the 'source' delivering behaviour change interventions
Emma Norris

Acyclic Behavior Change Diagrams: human- and machine readable reporting of intervention content and causal logic
Gjalt-Jorn Ygram Peters

Enhancing research synthesis by documenting intervention development decisions: Examples from two behavior change frameworks
Marta Marques

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|---------------|---|
| 17:00 - 18:00 | <p>Keynote Lecture: Mark Hatzenbuehler</p> <p>Chair: TBD</p> <p>Room: Elafiti, Valamar Lacroma Dubrovnik</p> <p>Structural Stigma: Research Evidence and Implications for Psychological Science</p> |
| 18:00 - 19:00 | <p>Meet the Editors</p> <p>Room: Elafiti 1, Valamar Lacroma Dubrovnik</p> |
| 19:30 - 22:30 | <p>EC / Organisers Dinner</p> |

Saturday, 07 Sep

9:30 - 11:00 Parallel Sessions

ORAL: Stress, mental health and chronic illness

Chair: Elizabeth Broadbent

Room: Elafiti 1, Valamar Lacroma Dubrovnik

- 9:30 Does compassion predict blood pressure and hypertension: the modifying role of familial risk for hypertension
Aino Saarinen
- 9:45 Synergism between physicians' empathy, bad news and cancer death: The role of hopelessness and inflammation
Yori Gidron
- 10:00 Disengagement and acceptance as mechanisms of a mindfulness-based stress reduction program for subclinical social anxiety
Catrinel Alice Stefan
- 10:15 Hair-cortisol as risk factor of poor metabolic control in pediatric patients with type 1 diabetes
Fiona Mahler
- 10:30 The effects of environmental enrichment after a stressor on human skin healing
Mikaela Law
- 10:45 Training or App? Comparison of two stress prevention interventions for the digitalized world of work
Timo Kortsch

ORAL: Tobacco control and cancer prevention

Chair: Samuel Parker

Room: Elafiti 2, Valamar Lacroma Dubrovnik

- 9:30 Female Smokers' Experiences of an Appearance-focused Smoking Intervention and the Shock Reaction to Morphed Images.
Lucy Walker
- 9:45 The effects of cigarette pack inserts with efficacy messages on responses to health warnings
Olivia Maynard
- 10:00 Efficacy messages in health warning labels on cigarette packaging: A pilot RCT
Lillian Brinken
- 10:15 Effective Implementation Strategies in Promoting Practitioner Delivery of Hospital-Initiated Smoking Cessation
Samuel Parker
- 10:30 What works for whom? Theory-based systematic review of behaviour change techniques in smoking cessation trials
Nicola Black
- 10:45 Development of a blended intervention to improve adherence to nicotine replacement therapy among pregnant smokers
Felix Naughton

ORAL: Avoiding, detecting and managing illness

Chair: Arie Dijkstra

Room: Elafiti 3, Valamar Lacroma Dubrovnik

- 9:30 Was it me? The influence of self-versus provider-directed past mammogram behavior on future mammogram intentions
Celia Naivar Sen
- 9:45 Exploring participation in colorectal cancer screening: lessons from a mixed-methods research.
Alice Le Bonniec

- 10:00 The Effects of Cancer Treatment Information on the Primary Prevention of Bowel Cancer
Yingqiu Wu
- 10:15 The role of motivational dispositions and emotion regulation in coping via health information seeking
Anita Chasiotis
- 10:30 Shaping the public's expectations for antibiotics: A test of a utility-based signal detection model.
Miroslav Sirota
- 10:45 Validation of the Identification of Medication Adherence Barriers Questionnaire (IMAB-Q)
Debi Bhattacharya
- ROUNDTABLE: Developments in evaluating intervention fidelity: Is current guidance fit for purpose?**
Chair: Elaine Cameron
Room: Olipa 4, Valamar Collection Dubrovnik President
- 9:30 Developments in evaluating intervention fidelity: Is current guidance fit for purpose?
- ORAL: Personality and interoception**
Chair: Veronique de Gucht
Room: Karaka, Valamar Argosy
- 9:30 Personality dimensions in patients with allergic rhinitis
Radka Massaldjieva
- 9:45 Interoceptive accuracy is related to long-term stress via self-regulation
Dana Schultchen
- 10:00 The effect of energy drinks on interoception and cognition in anxious students
Sandra Mai
- 10:15 Development and validation of a multidimensional questionnaire to assess eating disorder-specific interoceptive processing
Zoé van Dyck
- 10:30 Does high versus low sensory sensitivity determine psychological and physical complaints in different study samples?
Veronique de Gucht
- 10:45 There is no association between proprioceptive accuracy and self-reported body awareness, body competence, and affect
Áron Horváth
- ORAL: Psychosocial factors in adjustment to serious illness**
Chair: Annmarie Groarke
Room: Olipa 1, Valamar Collection Dubrovnik President
- 9:30 Prostate Cancer: Interplay of stress, threat and personal resources on adjustment
AnnMarie Groarke
- 9:45 Identifying strategies that childhood cancer survivors use to self-manage their health and wellbeing
Morven Brown
- 10:00 Patients' perspective on the impact of Heart Failure on quality of life: A qualitative study
Winifred Nwosu
- 10:15 Biological, psychological and social factors as dyspnea predictors in patients with chronic obstructive respiratory diseases
Latinka Basara
- 10:30 Predicting the severity of surgical complications in esogastric cancers: what if psychological factors mattered?
Lucie Gehenne
- 10:45 Subjective and objective cognitive performance in a large UK sample of post-surgical colorectal cancer patients
Shashi Hirani

ORAL: Environmental and minimalistic interventions

Chair: Justin Presseau

Room: Galijun, Valamar Argosy

- 9:30 Promoting organ donation registration in family physician offices: a stepped-wedge cluster randomized registry trial
Justin Presseau
- 9:45 Nudging young adults to choose more vegetables in mass eating context: Findings from field studies
Sunghwan Yi
- 10:00 Altering healthier vs. less-healthy item availability in vending machines: A multiple treatment reversal design
Rachel Pechey
- 10:15 Beyond nudging: Effects of different kinds of nudges on expected autonomy
Jonas Wachner
- 10:30 Consequences of randomization for the recruitment of participants to a worksite health promotion program
Lara Lindert
- 10:45 Coping with cola? Mental health problems predict soft drink consumption among German children and adolescents
Philipp Kadel
- 11:00 - 11:30 Coffee Break
- 11:30 - 12:30 Keynote Lecture: Alessandra Pokrajac-Bulian
Chair: TBD
Room: Elafiti, Valamar Lacroma Dubrovnik
Health and Psychological Consequences of Obesity: Challenges and Future Directions
- 12:30 - 13:15 Closing Ceremony
Room: Elafiti 1& 2, Valamar Lacroma Dubrovnik
- 13:15 - 14:00 Reception for EHPS 2020
Room: Elafiti Terrace, Valamar Lacroma Dubrovnik